Educational Bag

Clinical biochemistry Assist prof. dr majeed m.a.ali

Department of Nursing

Introduction

Subject	Language	Educational level	Hours / Week			
Clinical Biochemistry	English	1 ^{ts} Stage	Theory	Practical	Total	No. Uni t
			3	2	4	4

Objectives

General Objective

1. The nature of the biochemistry,

2. composition related to the compounds of the bio chemistry.

3. General techniques used in the work of the biochemistry and diagnosis.

4-chemical reaction of bio compounds

5-chemical analysis for different elements

6- Study the different metabolism for

carbohydrates, protein, lipids.....etc

Specific objective

At the end of the school year, the student will be able to understand and realize

1. Defining biochemistry and its relationship to other sciences and its importance to the student of chemical analyzes.

2. The components of the biochemistry, which include the cells and organs that are related to the formation of the biochemistry.

3. The concept of natural and enzymes,

humoral factors and cellular factors,

carbohydrates, amino acids. Fatty acids

4. The relationship between chemical components and cellular factors and the biology of the cells.

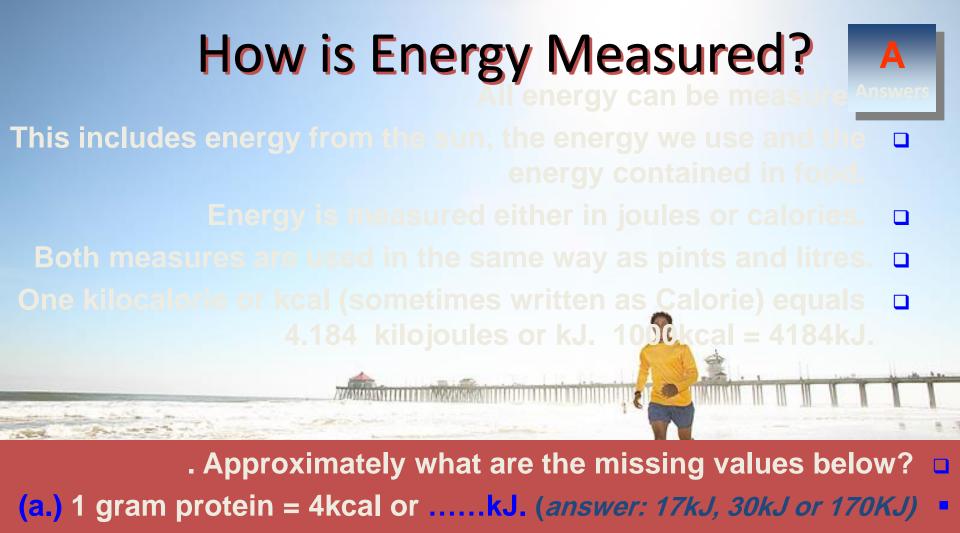
5. Mechanisms of laboratory diagnosis and identification of some diseases that depend on biochemical compounds

	المفردات النظرية/ كيمياء حياتيه سريريه	
Week	تفاصيل المفردات	
1	INTRODUCTION TO METABOLISM	
	- Food energy	
3-4	CARBOHYDRATE METABOLISM	
	- Oxidation of Glucose:	
	a) glycolysis	
	1- Transport of glucose into cells	
	2- Reaction of glycolysis	
	3- Hormonal regulation of glycolysis	
	4- Clinical notes	
	5- Inherited enzyme deficiencies of glycolysis:	
	i) Pyruvate Kinase deficiency	
	ii) Lactic acidosis	
5-6	b) TCA cycle	
	1- The reactions of the TCA cycle:	
	i) Oxidation of Acetyl CoA by the TCA cycle	
	ii) Energy production by the TCA cycle	
	2- Synthetic function of the TCA cycle	
	3- Regulation of the TCA cycle	

Week	Subject	
7-8	Fructose & Galactose metabolism i) Disorders of Fructose metabolism ii) Disorders of Galactose metabolism	
9-10	Glycogen metabolism i) Regulation of glycogen synthesis and degradation ii) Glycogen storage diseases	
11	Blood glucose and its regulation i) Diabetes mellitus and Insulin metabolism ii) Hypoglycemia	
12	Monoclonal Antibody production	
13	Reviewing for all subject	
14	Short Quiz	

12-15	PROTEIN METABOLISM
	- Fate of Ammonia
	- Urea: (normal values, uremia)
	- Amino acids as buffers
	- Serum protein components
	- Insulin structure
	 Selected inborn errors of amino acid metabolism
	LIPID METABOLISM
	- Oxidation of Fatty acids
	- Ketone bodies
	- Cholestrol metabolism
	- Lipoprotein metabolism
	- Atherosclerosis

Revise and Test



(b.) 1 gram fat =kcal or 38kJ. (*answer: 4kJ, 9kJ or 19kJ*)

(c.) 1 gram carbohydrate = 3.75 or kJ. (ans: 12kJ, 16kJ or 24kJ)* •

Activity Levels and Energy

- The estimated average requirement <u>(EAR)</u> for energy for a 15-18 year old male is 2755kcal.
- Is the average requirements □
 for a 15-18 year old female (a.)
 less, (b.) the same, or (c.)
 more, than for a male of the same age?
- EAR is based on age, sex and how active we are;
 - Name one group of people who will have <u>extra</u> energy needs? *

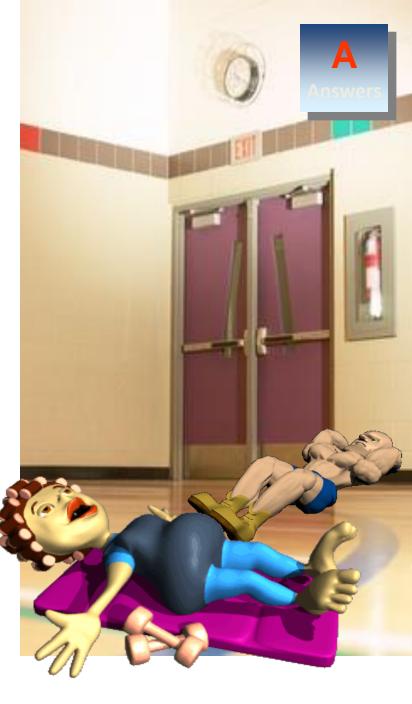


The Energy Balance

. Where is energy stored in the body?

. What will happen if our diet provides more energy than we need?

. What does 'energy balance' mean? *



Exercise

- During your teenage years you are building the body for the rest of your life.
 - Not taking exercise may well condemn you to a shorter unhealthier life.
- . What is the recommended amount of exercise for a teenager?
- . Which of these are a benefit of taking exercise. (Strengthens the body, / helps digestion,/ helps mental health, / improves concentration, / improves appetite, / helps keep desired weight.) *

Compare and Contrast: How do lipids and carbohydrates differ in ATP production?

- Lipids provide more ATP than carbohydrates do.
 - Carbohydrates produce about 36, and lipids produce about 146.

What about plants? More on them later.....

Lipids or Fats store the most energy and provide • the most ATP when broken down.

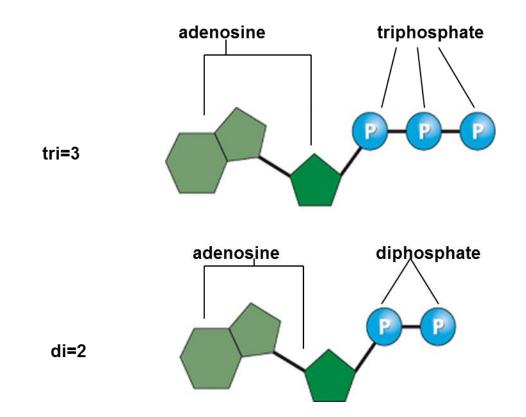
- Store 80 percent of the energy in your body –
- Obtain about 146 ATP molecules from a triglyceride
 - **Proteins** are least likely to be broken down to make ATP. •
- amino acids not usually needed for energy, but for making new proteins!
 - store about the same amount of energy as a carbohydrate –

MOLECULE	ENERGY	
Carbohydrate	4 calories per mg	
Lipid	9 calories per mg	
Protein	4 calories per mg	

<u>Carbohydrates</u> are the molecules most commonly broken down to make ATP.

- not stored in large amounts in our bodies –
- you can get up to 36 ATP molecules from one glucose molecule

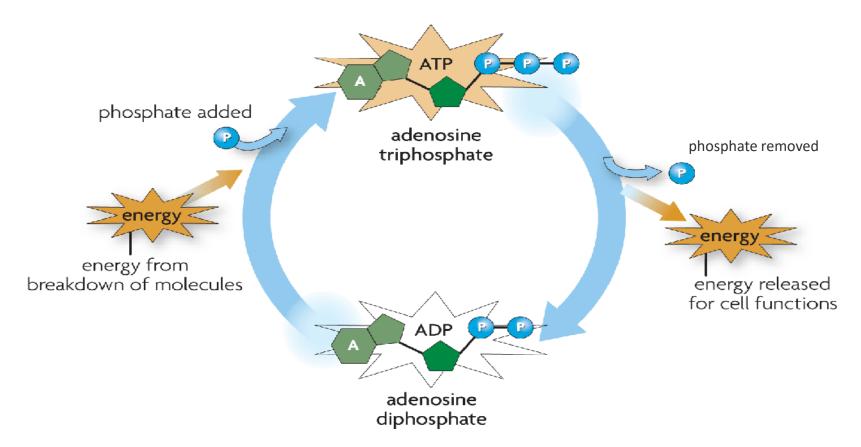
Let's Compare ATP and ADP!



Describe the relationship between energy stored in food and ATP.

Food molecules store chemical energy in their bonds. .1 Food is broken down into smaller molecules that are .2 broken down further to transfer this energy to ATP.

Where are molecules from food involved in the cycle?



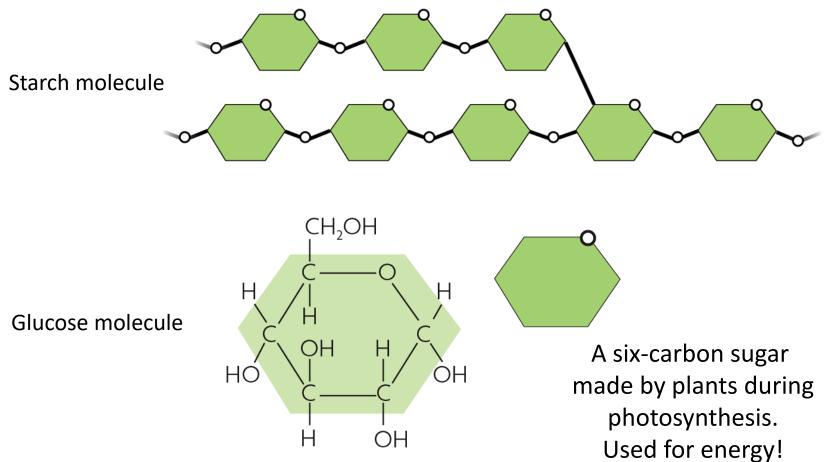
What is ATP?

Adenosine triphosphate, a molecule that transfers energy from the breakdown of food molecules to cell processes.



- ATP carries chemical energy that cells can use.
 - Cells use ATP to carry out functions:
 - building molecules –
 - moving materials by active transport. -

- Molecules in food store chemical energy in their bonds.
 - What is a glucose molecule? •





All energy can be measur

- Energy is measured either in joules or calories.
- This includes energy from the sun, the energy we use and the energy contained in food.
- Both measures are used in the same way as pints and litres.
- One kilocalorie or kcal (sometimes written as Calorie) equals 4.184 kilojoules or kJ. 1000kcal = 4184kJ.

- . Approximately what are the missing values below?
- (a.) 1 gram protein = 4kcal orkJ. (*answer: 17kJ, 30kJ or 170KJ*)
 - (b.) 1 gram fat =kcal or 38kJ. (*answer: 4kJ, 9kJ or 19kJ*)
- (c.) 1 gram carbohydrate = 3.75 or kJ. (ans: 12kJ, 16kJ or 24kJ)*

4&5	CARBOHYDRATE METABOLISM
	- Oxidation of Glucose:
	a) glycolysis
	1- Transport of glucose into cells
	2- Reaction of glycolysis
	3- Hormonal regulation of glycolysis
	4- Clinical notes
	5- Inherited enzyme deficiencies of glycolysis:
	i) Pyruvate Kinase deficiency
	ii) Lactic acidosis

Assistant Professor Dr. Majid m.a. ALI



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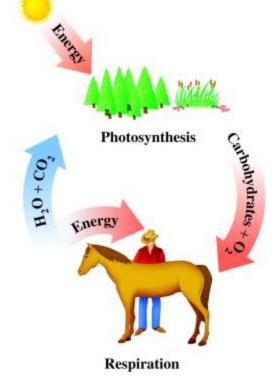
Carbohydrates are

- A major source of energy from our diet.
- Composed of the elements C, H, and O.
- Also called saccharides, which means "sugars."



Carbohydrates

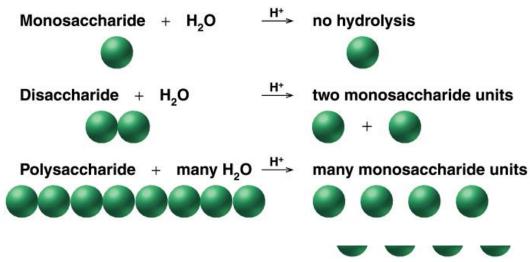
- Are produced by photosynthesis in plants.
- Such as glucose are synthesized in plants from CO₂, H₂O, and energy from the sun.
- Are oxidized in living cells (respiration) to produce CO_2 , H_2O , and energy.



Types of Carbohydrates

The types of carbohydrates are

- Monosaccharides, the simplest carbohydrates. -
 - Disaccharides, which consist of two monosaccharides.
 - Polysaccharides, which contain many monosaccharides.



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Monosaccharides

Monosaccharides consist of

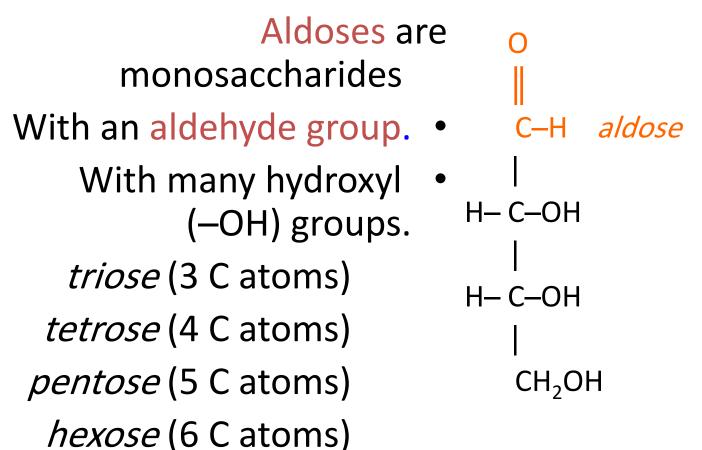
- 3 to 6 carbon atoms, typically. •
- A carbonyl group (aldehyde or ketone).
 - Several hydroxyl groups. •

تقسيم السكريات الأحاديه

سكر ثلاثي C3H6O3 ابسط السكريات الأحاديه مثال: الجليسر لدهايد هو سكر ثلاثي الدوزي الدايهيدروكسي أستون وهو سكر كيتوزي ثلاثي

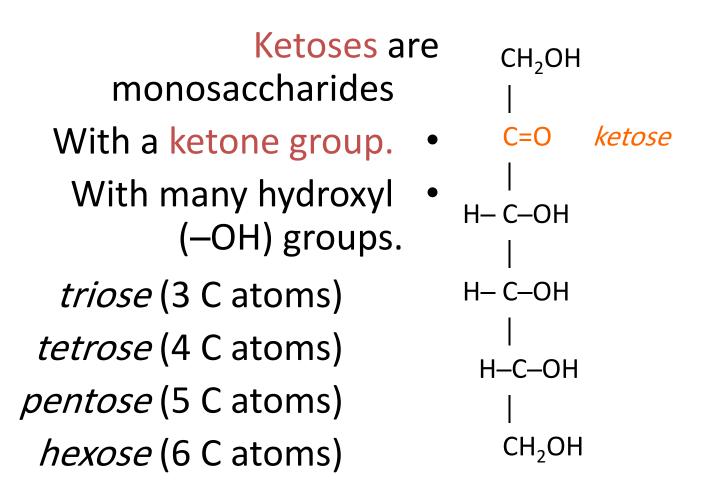
CH₂ HO. HO CH. cu. CH.

Aldoses



Erythose, an aldotetrose

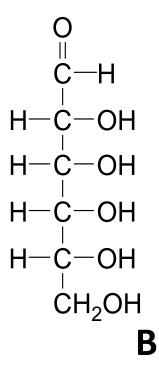
Ketoses



Fructose, a ketohexose

Learning Check

Identify each as aldo- or keto- and as tetrose, pentose,



or hexose: CH_2OH C=O HO-C-H H-C-OH CH_2OH

Α

Structures of Monosaccharides

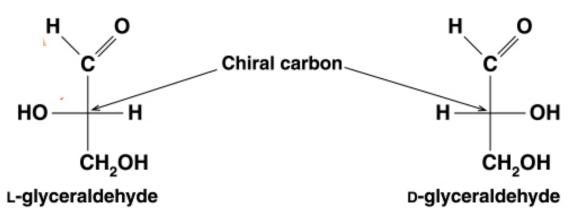


Fischer Projections

A Fischer projection

- Is used to represent carbohydrates. •
- Places the most oxidized group at the top. •
- Shows chiral carbons as the intersection of vertical and horizontal lines.

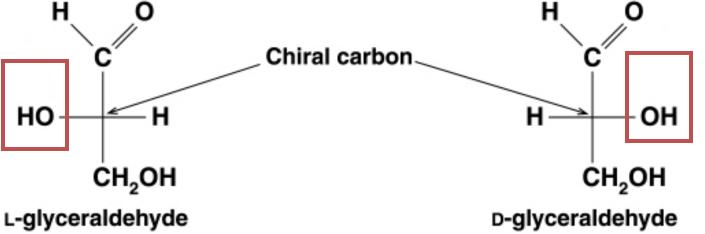
Fischer projections of glyceraldehyde



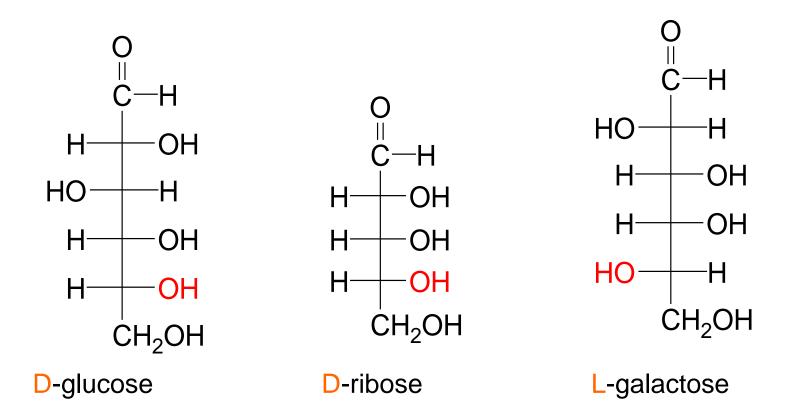
D and L Notations

In a Fischer projection, the –OH group on the

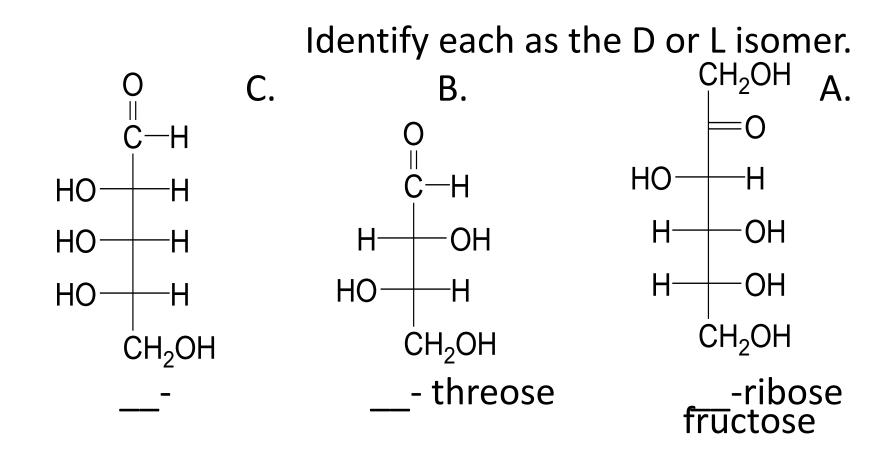
- Chiral carbon *farthest from the carbonyl group* determines an L or D isomer.
 - Left is assigned the letter L for the L-isomer. •
 - Right is assigned the letter D for the D-isomer. •



Examples of D and L Isomers of Monosaccharides



Learning Check

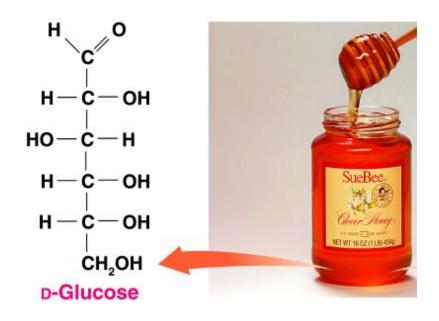


Solution Identify each as the D or L isomer. C. Β. Α. CH₂OH \mathbf{O} \bigcirc С—Н HO Η -HC-HO H Η OH OH HO H Η Η OH HO Η HO Η CH_2OH CH₂OH L-threose CH₂OH L-ribose D-fructose

D-Glucose

D-glucose is

- Found in fruits, corn syrup, and honey.
- An aldohexose with the formula $C_6H_{12}O_6$.
- Known as blood sugar in the body.
- The monosaccharide in polymers of starch, cellulose, and glycogen.

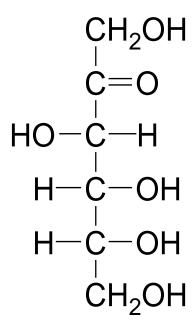


D-Fructose

TWT 16 07 (1 LB)

D-fructose

- Is a ketohexose $C_6H_{12}O_6$.
- Is the sweetest carbohydrate.
- Is found in fruit juices and honey.
 - Converts to glucose in the body.

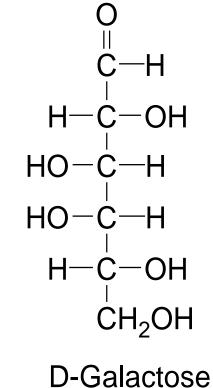


D-Fructose

D-Galactose

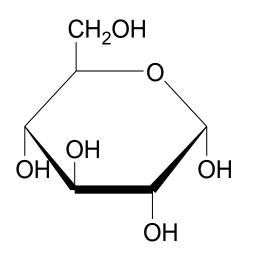
D-galactose is

- An aldohexose $C_6H_{12}O_6$. •
- Not found free in nature.
- Obtained from lactose, a disaccharide.
 - A similar structure to glucose except for the –OH on C4.



Carbohydrates

Cyclic Structures of Monosaccharides



Cyclic Structures

Cyclic structures

Are the prevalent form of monosaccharides with
 5 or 6 carbon atoms.

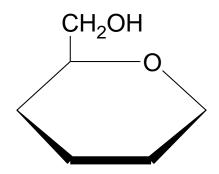


Form when the hydroxyl group on C-5 reacts with the aldehyde group or ketone group.

Cyclic Haworth Structures

Stable cyclic hemiacetals form

- When the C=O group and the
 —OH are part of the same molecule.
 - For hexoses, the hydroxyl group on C-5 reacts with the aldehyde group or ketone group.
- The cyclic structure of a D isomer has the last CH₂OH
 group located above the ring.



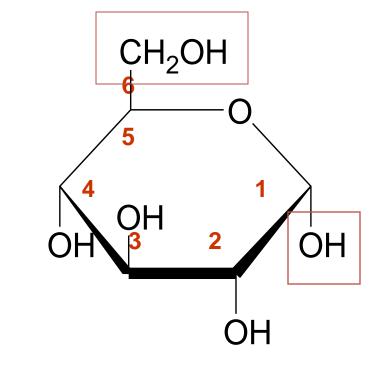
Drawing the Cyclic Structure for Glucose

STEP 1 Number the carbon chain and turn form a linear open chain. clockwise to H-C-OH OHH $HO_{3}-H$ HOCH₂ $-\overrightarrow{C}-\overrightarrow{C}-\overrightarrow{C}-\overrightarrow{C}-\overrightarrow{C}-\overrightarrow{C}$ H-4C-OH ОНОНН ОН H-5Ċ-OH 6CH₂OH

Cyclic Structure for Glucose

STEP 2 Bend the chain to make a hexagon

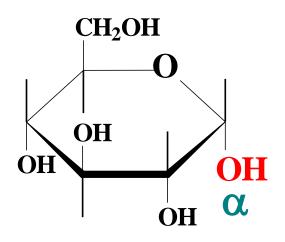
- Bond the C5 –O– to C1. •
- Place the C6 group above the ring.
- Write the –OH groups on C2 and C4 below the ring.
 - Write the –OH group on C3 above the ring.
 - Write a new –OH on C1. •

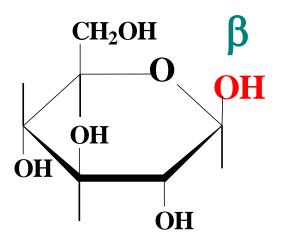


Cyclic Structure for Glucose (cont)

STEP 3 The new –OH on C1 is drawn

- Down for the lpha anomer.
- Up for the β anomer.

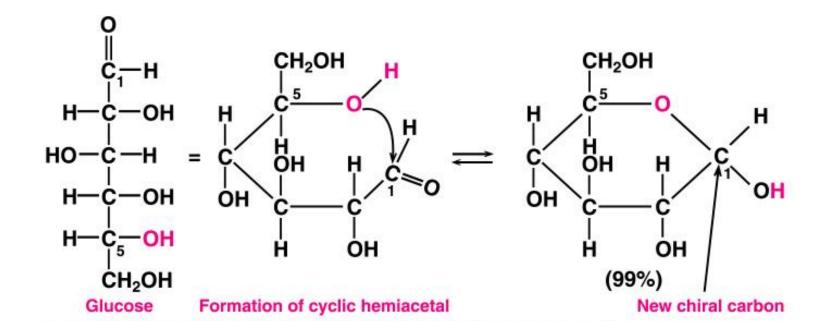




α -D-glucose



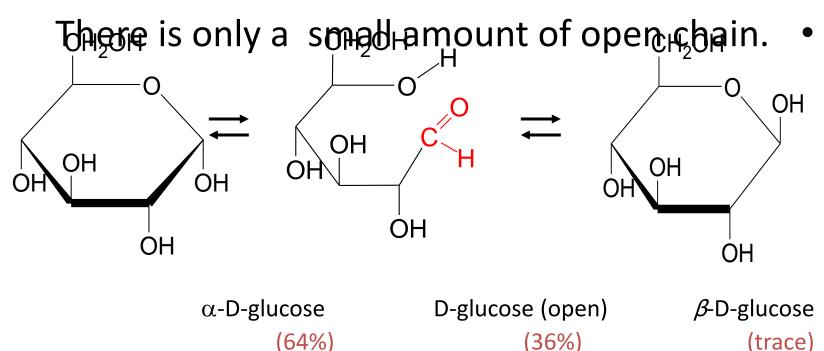
Summary of the Formation of Cyclic Glucose



α -D-Glucose and β -D-Glucose in Solution

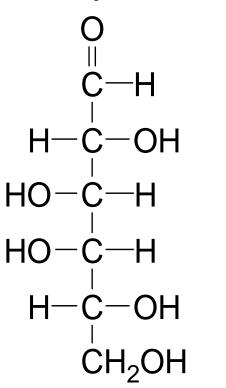
When placed in solution,

- Cyclic structures open and close. •
- α -D-glucose converts to β -D-glucose and back. •



Learning Check

Write the cyclic form of α -D-galactose



Carbohydrates

Chemical Properties of Monosaccharides



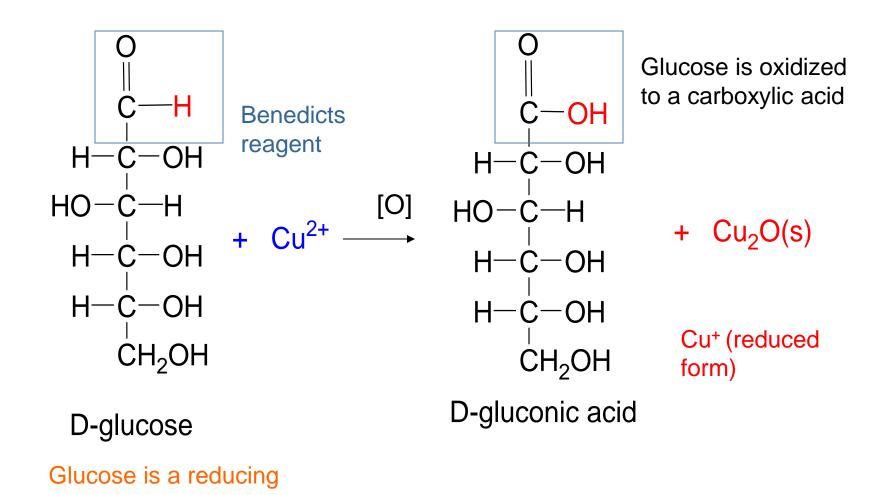


Reducing Sugars

Reducing sugars

- Are monosaccharides with a carbonyl group that oxidizes to give a carboxylic acid.
- Undergo reaction with Benedict's reagent
 (Cu²⁺⁾ to give the corresponding carboxylic acid.
 - Include the monosaccharides glucose, galactose, and fructose.

Oxidation of D-Glucose



sugar

Reduction of Monosaccharides

D-Glucitol

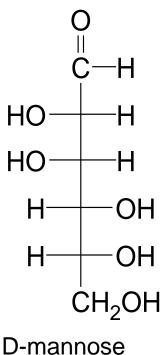


The reduction of monosaccharides

- Involves the carbonyl group.
 - Produces sugar alcohols called *alditols.*
 - Such as D-glucose gives D-glucitol also called sorbitol.

Learning Check

Write the products of the oxidation and reduction of



D-mannose.

Solution

Write the products of the oxidation and reduction of Ο ma se. С—Н CH₂OH HO -H HO Η HO ·H Oxidation Reduction HO -Η HO ·H HO ·H H OH OH H-H OH H OH H-OH H-OH CH₂OH CH₂OH CH₂OH **D**-mannitol D-mannose D-mannonic acid

Carbohydrates

Disaccharides



Important Disaccharides

A disaccharide

Consists of two monosaccharides. <u>Monosaccharides</u> maltose + $lactose + H_2O$ sucrose + H_2O H_2O H_2O

Carbohydrates

Chemical Properties of Monosaccharides



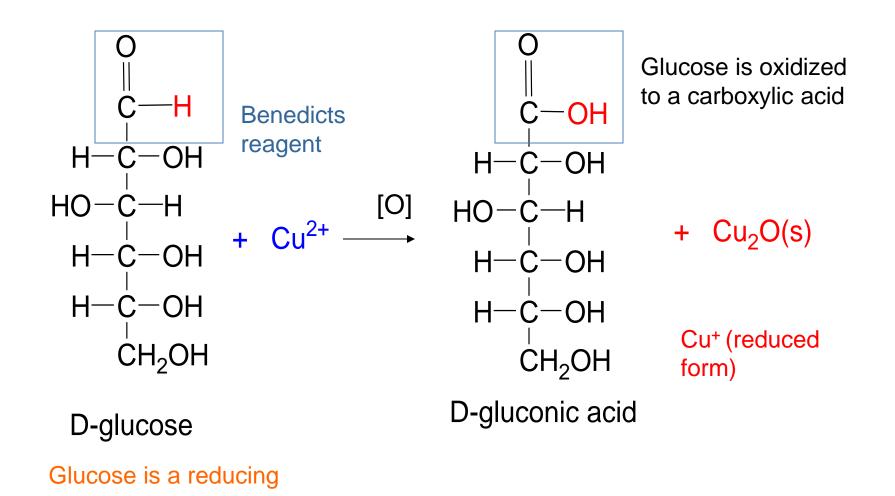


Reducing Sugars

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Oxidation of D-Glucose



sugar

Reduction of Monosaccharides

D-Glucitol

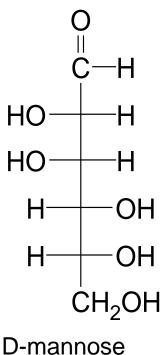


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Learning Check

Write the products of the oxidation and reduction of



D-mannose.

Solution

Write the products of the oxidation and reduction of Ο ma se. С—Н CH₂OH HO -H HO Η HO ·H Oxidation Reduction HO -Η HO ·H HO ·H H OH OH H-H OH H OH H-OH H-OH CH₂OH CH₂OH CH₂OH **D**-mannitol D-mannose D-mannonic acid

Carbohydrates

Disaccharides



Important Disaccharides

A disaccharide Consists of two monosaccharides. • <u>Monosaccharides</u> maltose + $\begin{array}{c} Disaccharide\\ Glucose + glucose\\ H_2O \end{array}$ lactose + H_2O $\begin{array}{c} Glucose + galactose\\ Glucose + fructose\\ H_2O \end{array}$

Maltose

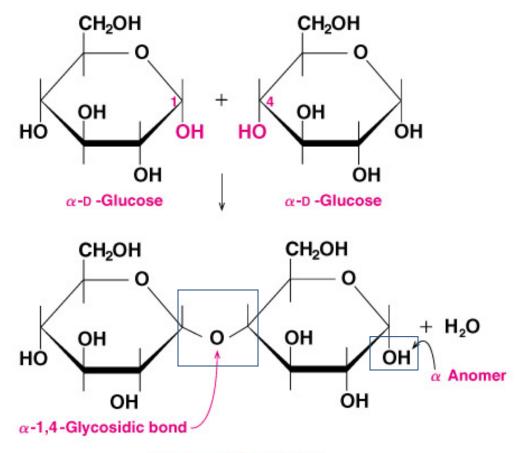
Maltose is

- A disaccharide also known as malt sugar.
 - Composed of two D-glucose molecules. •
 - Obtained from the hydrolysis of starch. •
- Linked by an α -1,4-glycosidic bond formed from the

 α –OH on C1 of the first glucose and –OH on C4 of the second glucose.

- Used in cereals, candies, and brewing.
 - Found in both the α and β forms. •

Formation of Maltose

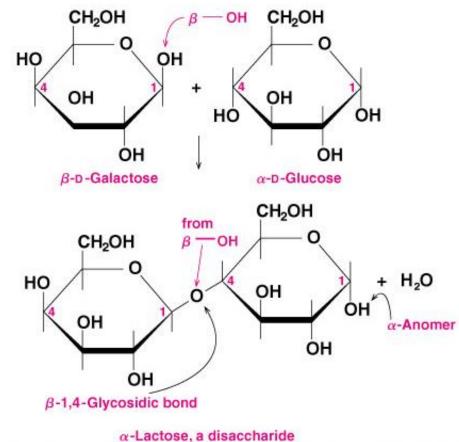


α-Maltose, a disaccharide

Lactose

Lactose

- Is a disaccharide of β-D-galactose and α- or β-Dglucose.
- Contains a β -1,4glycosidic bond Is four and milk



Sucrose

Sucrose or *table sugar*

- Is obtained from sugar cane and sugar beets.
- Consists of α -D-glucose and β -D-fructose..
- Has an α,β -1,2-glycosidic bond.



Learning Check

Write the structures and names of the two monosaccharides that form when sucrose is hydrolyzed.

Sweeteners

- Sugars and artificial sweeteners Differ in • sweetness.
- Are compared to sucrose (table sugar), which is assigned a value of 100.

Sweetness Relative to Sucrose (= 100)
des
30
36
75
175
16
33
100 <i>→</i> reference standard
eteners (Noncarbohydrate)
60 000
18,000
45,000

Learning Check

Identify the monosaccharides in each of the following: A. lactose (3) β -D-galactose (2) β -D-fructose (1) α -D-glucose B. maltose (3) β -D-galactose (2) β -D-fructose (1) α -D-glucose C. sucrose (3) β -D-galactose (2) β -D-fructose (1) α -D-glucose

Solution

Identify the monosaccharides in each of the following: A. lactose (3) β -D-galactose (1) α -D-glucose

B. maltose (1) α -D-glucose

C. sucrose (1) α -D-glucose

(2) β -D-fructose

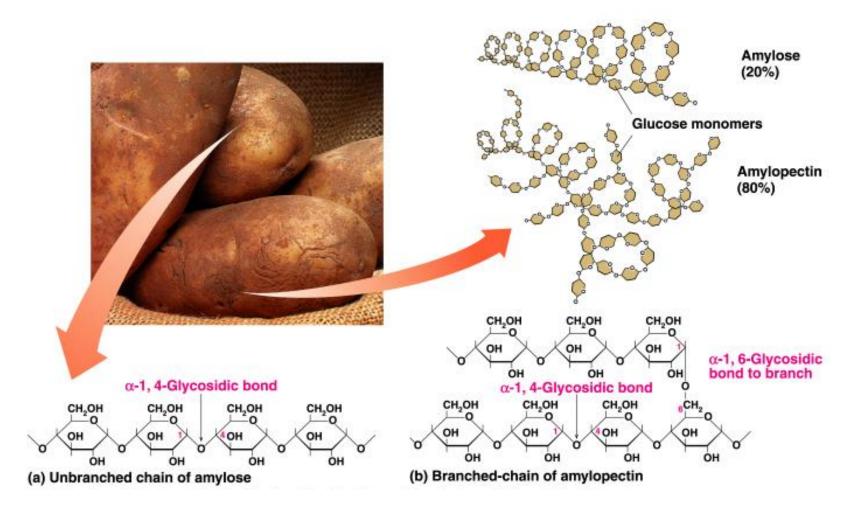
Carbohydrates

Polysaccharides





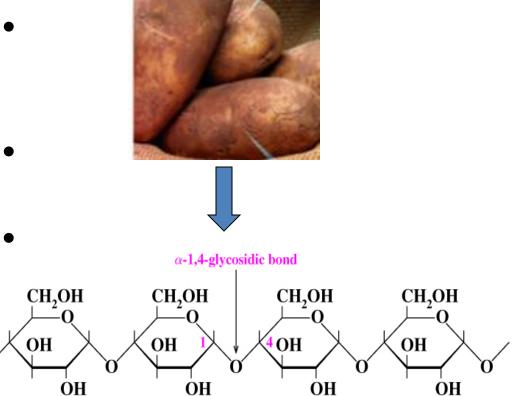
Structures of Amylose and Amylopectin



Amylose

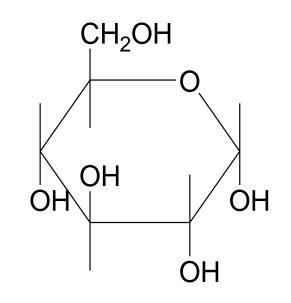
Amylose is

- A polymer of α- D-glucose molecules.
- Linked by α -1,4 glycosidic bonds.
 - A continuous (unbranche chair



(a) Unbranched chain of amylose

Polysaccharides



 α -D-glucose

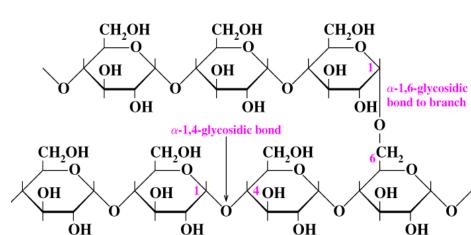
Polysaccharides

- Are polymers of D-glucose. •
- Include amylose and amylopectin, starches made of α-D-glucose.
 - Include glycogen (animal starch in muscle), which is made of α-D-glucose.
- Include cellulose (plants and wood), which is made of

 β -D-glucose.

Amylopectin





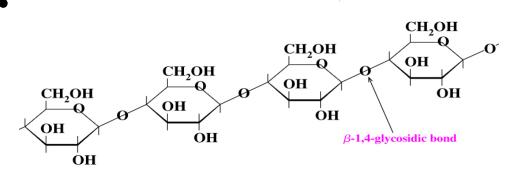
Amylopectin

- Is a polymer of α -D- glucose molecules.
- Is a branched-chain polysaccharide.
- Has α-1,4-glycosidic bonds between the glucose units.
 - Has *a*-1,6 bonds to branches.

Branched chain of amylopectin

Cellulose





Cellulose

- Is a polysaccharide of glucose units in unbranched chains.
- Has β -1,4-glycosidic bonds.
- Cannot be digested by humans because humans cannot break down β-1,4glycosidic bonds.

Solution

 β -1,4-glycosidic bonds

A. Cellulose

 α -1,4-glycosidic bonds α -1,4-and α -1,6-glycosidic B. Amylose Amylopectin bonds

α-1,4-and α-1,6-glycosidic
 C. Glycogen bonds
 (more branched than amylopectin)

Learning Check

Identify the polysaccharides and types of glycosidic bonds in each of the following:







Regulation of Blood Glucose

Origin of blood glucose :-

- *- From carbohydrates of the dietary after digestion and absorption
- *- From hydrolyses of glycogen in the liver by glycogenolysis.
- *- From converted of amino acid(alanine) by gluconeogenesis .

In the fasted state : the blood glucose level between 70-110 mg/dl.(3.9-6.1mMol/L) Increase of range is called hyperglycemia. **Decrease of range is called** hypoglycemia.

The regulation of blood glucose is the result of interplay of hormones.

1-Insulin :- it is peptide hormone that contains 51 amino acids and consists of two chains A-chain having 21 amino acids and B-chain with 30 amino acids linked by three disulphide bridges. Insulin promotes the glucose to conversion to glycogen or fatty acids or non-essential amino acids which reduce the blood glucose level. **2-Glucagon :- It is synthesized in the α-cells of islets of Langerhans of the** pancreas, secretion is stimulated by Hypo glycaemia, it promotes glycogenolysis and gluconeogenesis raising blood glucose concentration

3-Somatostatin it is produced in X -cells of Langerhans of the pancreatic islets, it is poly peptide it inhibits secretion of insulin and glucagon .

4-Adrenaline :- In hypo glycaemia A- it promotes the glycogenolysis (production of glucose from glycogen) **B- it inhibits insulin secretion thus raising** blood glucose concentrations. **C-** adrenaline stimulates adipose tissue lipolysis increasing (NEFA) production.

5- Thyroxin :- It is secreted by the thyroid gland, it stimulates glycogenolysis and increase the rate of both gastric emptying and intestinal glucose absorption. 6- Growth hormone :- it is a poly peptide secreted by the anterior pituitary gland, it is stimulated by hypo glycaemia ,and his actions include glucose production and reduced up tack by some tissues ,

It increased the lipolysis raising plasma level which are utilized by some tissues as energy source in preference to glucose.

7- Cortisol:- secreted by the adrenal cortex, it stimulates gluconeogenesis and increase the breaker down of proteins and fats.

Normally after each meal a postprandial hyper glycaemia an increased blood glucose level. The β –cells of the islets of Langerhans increased the secretion of insulin, the liver takes priority over other organs in its utilization of the hormone which is suppression the blood glucose _alevel in a number of ways as :-

1-stimulating protein synthesis. (glucose		— amino acids)
2-stimulating lipogenesis.	(glucose	fatty_acids)
3-stimulating glycogenesis	(glucose	
4-stimulating glycolysis	(glucose	— acetyl CoA)
5- inhibiting lipolysis	(fatty acids	glucose }
6- inhibiting gluconeogenesis	(amino acids	glucose)>

The glucose homeostasis is dependent on the ratio of Insulin to Glucagon (I/G Ratio).

Thus hypo glycaemia (I/G ratio) is high : the increase secretion of glucagon is needing to mobilize glucose (glycogenolysis) and the insulin level is suppressed.

In hyper glycaemia the (I/G ratio) is lower : the insulin secretion must increase to promote to use and storage of glucose in to the tissues and glucagon level is suppressed.

Diabetes Mellitus

Definition: D.M. It is a group of metabolic disorders carbohydrate metabolism in which glucose is underutilized producing hyper glycaemia.

It is a state of diminished insulin action due to its decreased availability or effectiveness.

Classification of diabetes :

Type 1 :-Insulin Dependent Diabetes Mellitus (IDDM) patient usually are feeling polyuria, polydipsia and rapid weight loss.

Patients have a deficiency of insulin production, and are dependent on insulin to sustain life and prevent ketosis.

In this type (IDDM) the insulin secretion is absent or reduced as a result of immunological destruction of β -cells in the islets of Langerhans

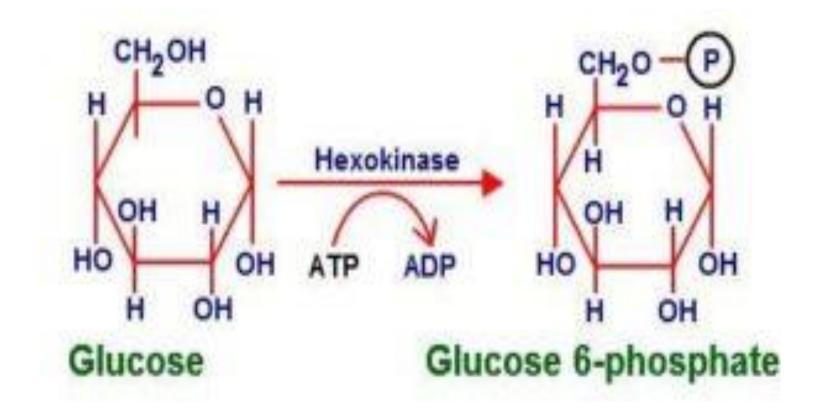
Type 2 :-Non Insulin Dependent Diabetes Mellitus (NIDDM) This group comprises approximately 90%

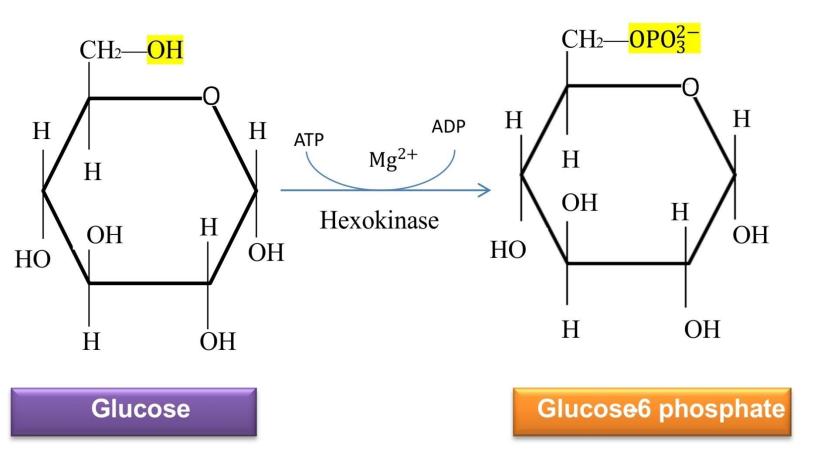
of all cases of diabetes , patients have minimal symptoms are not prone to

ketosis

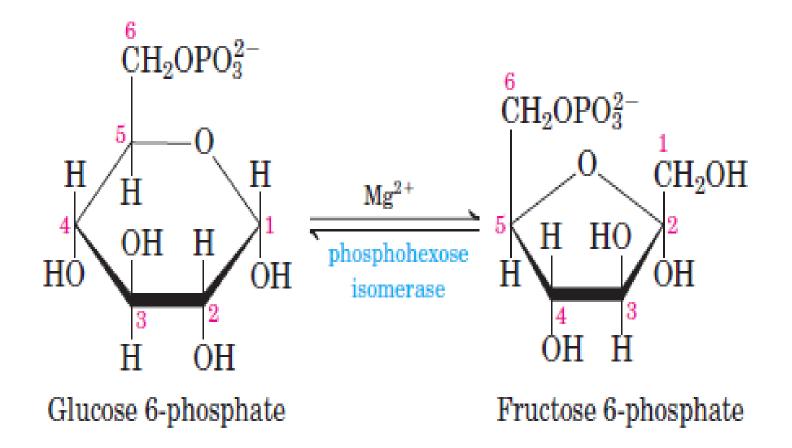
glycolysis

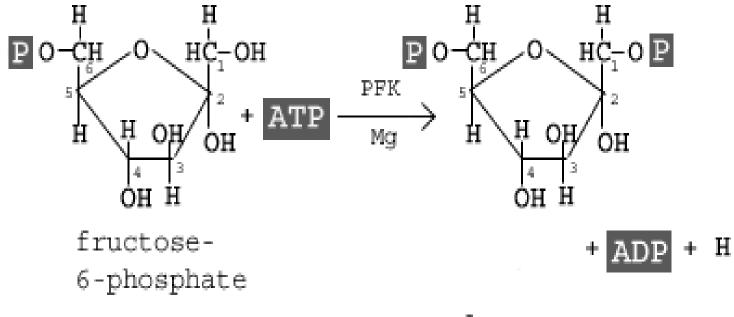
Assist prof. dr majid m.a.ali



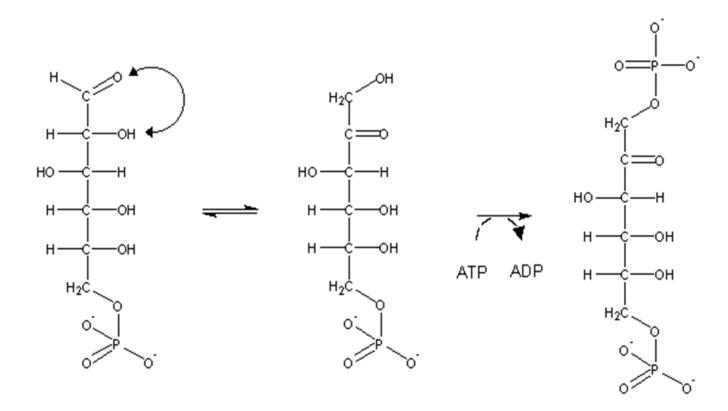


 ΔG° = -16.7 kJ/mol





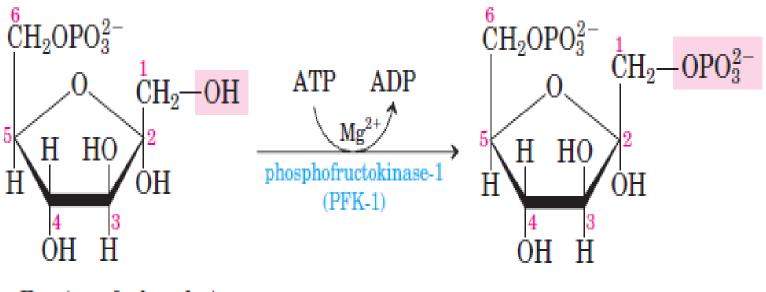
fructose-1,6-bisphosphate





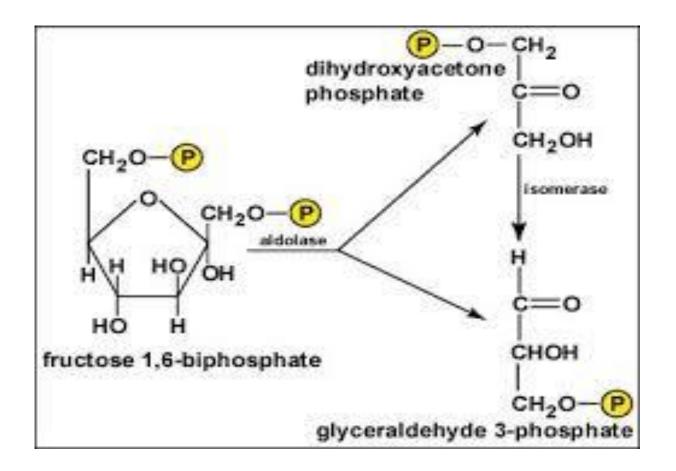
Frutose-6-P

Frutose-1,6-BP

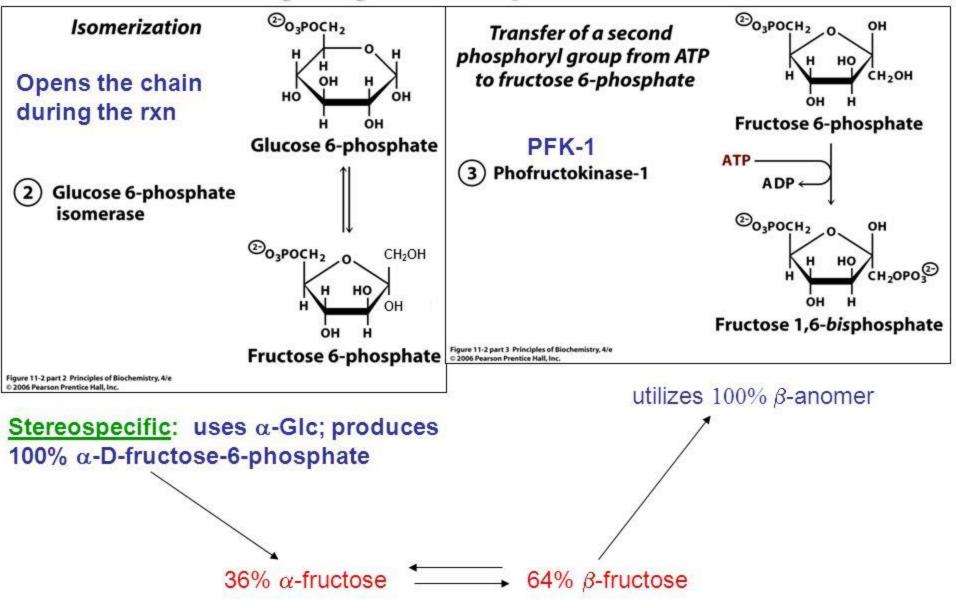


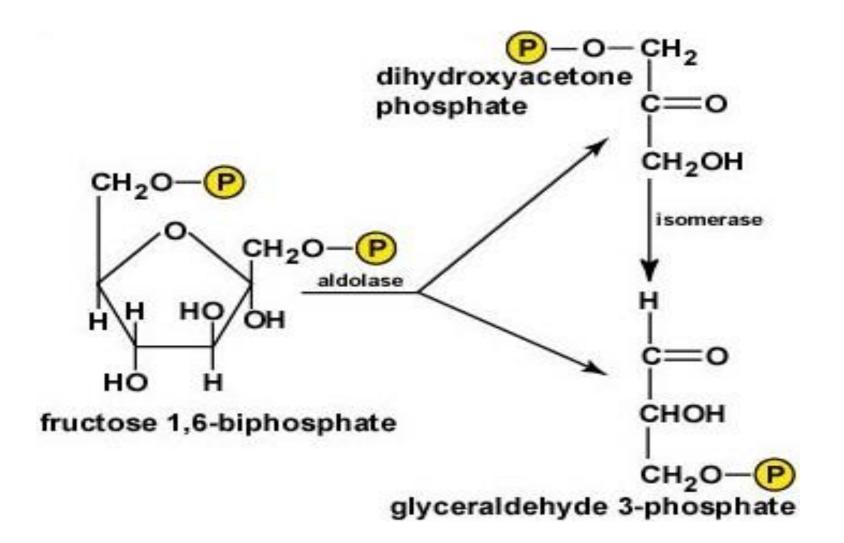
Fructose 6-phosphate

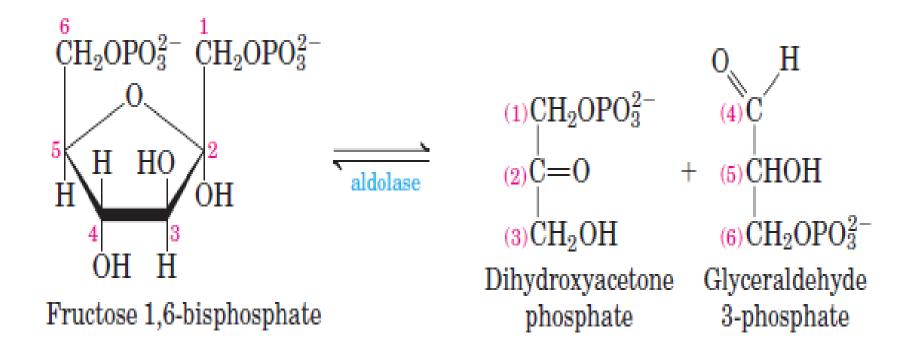
Fructose 1,6-bisphosphate

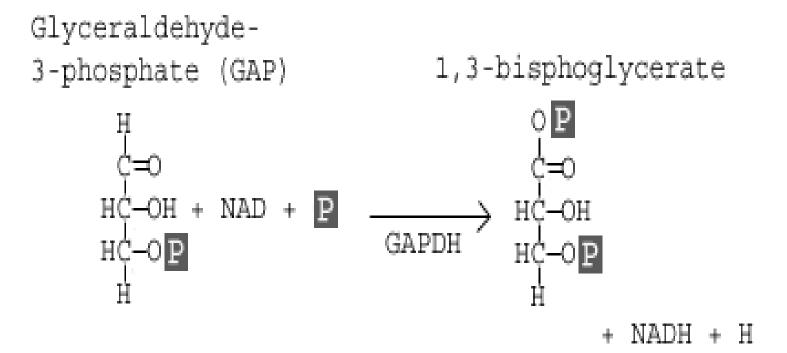


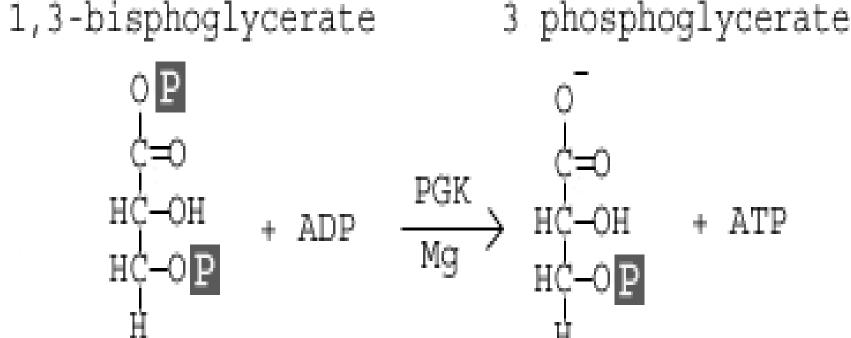
Glycolysis: Steps 2 and 3





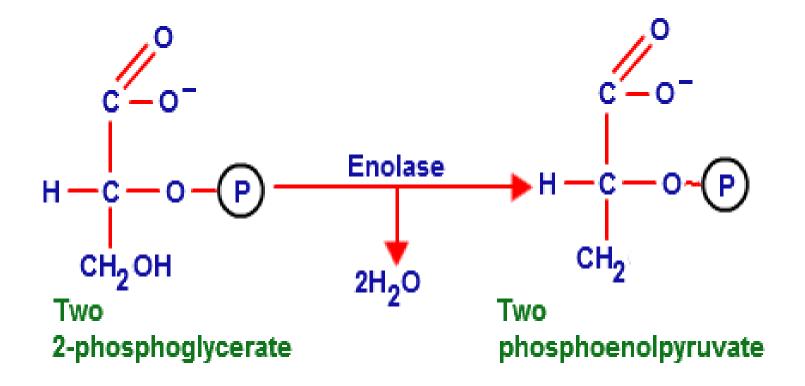


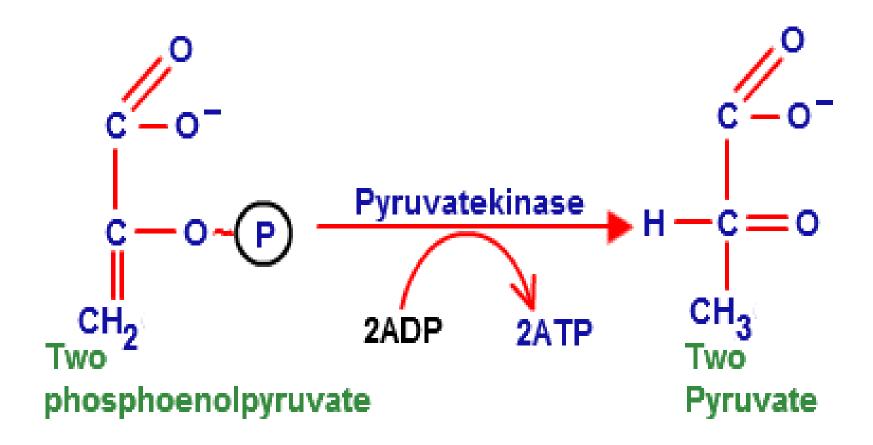


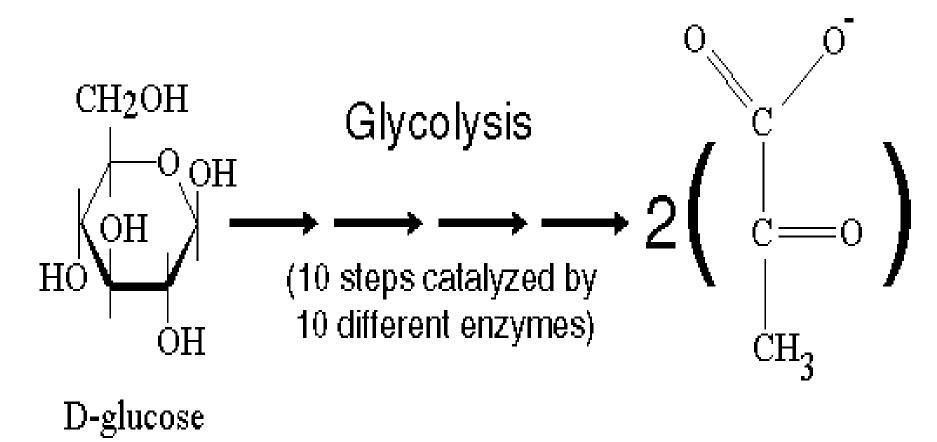


1,3-bisphoglycerate

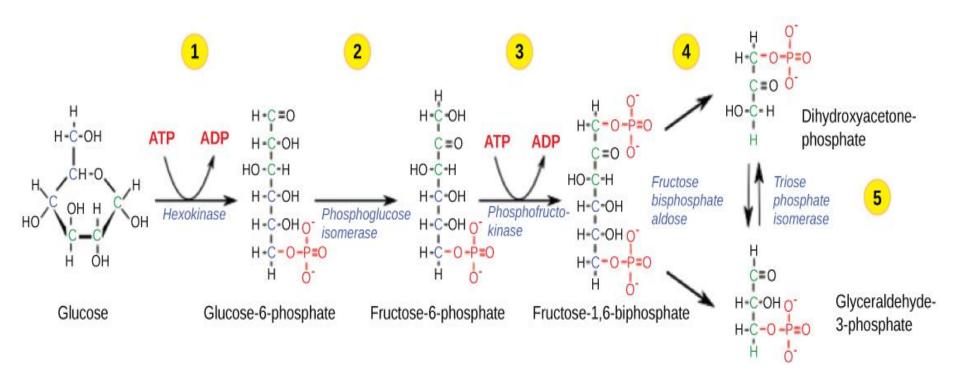
3 phosphoglycerate

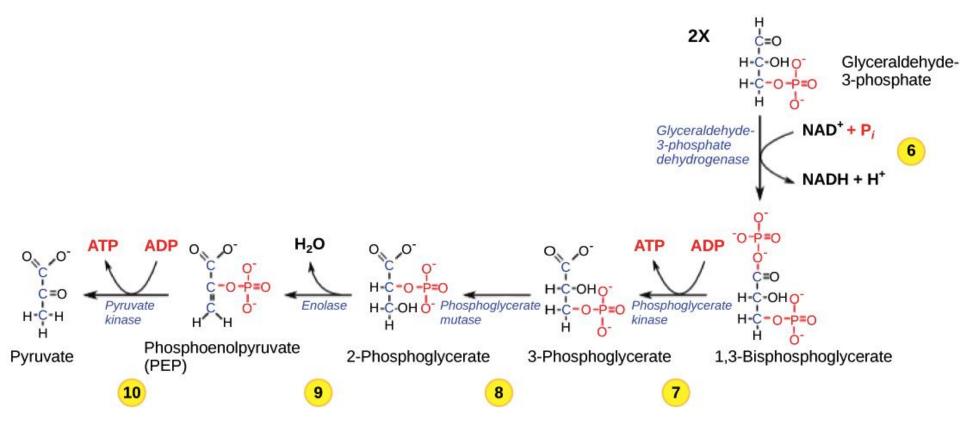


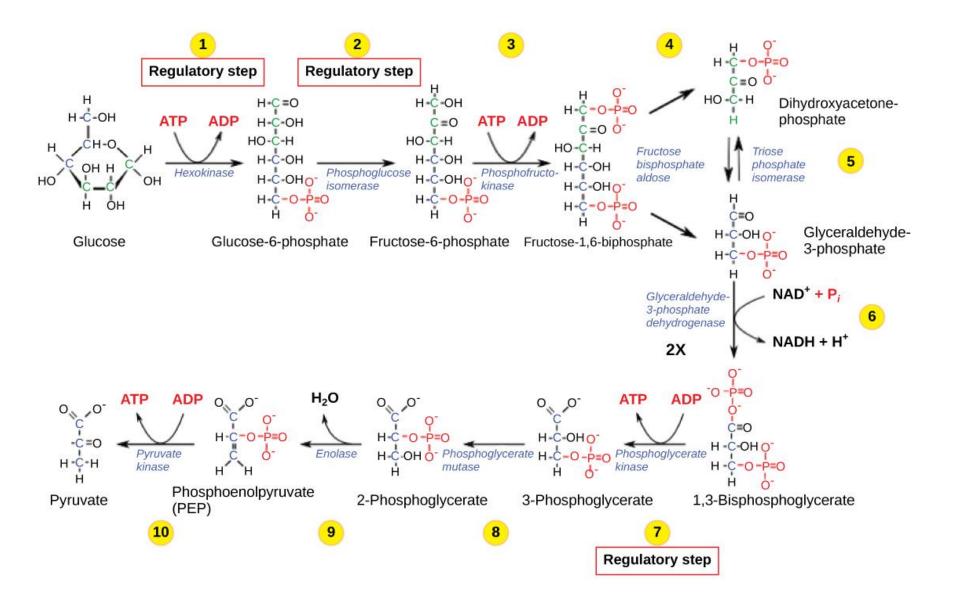


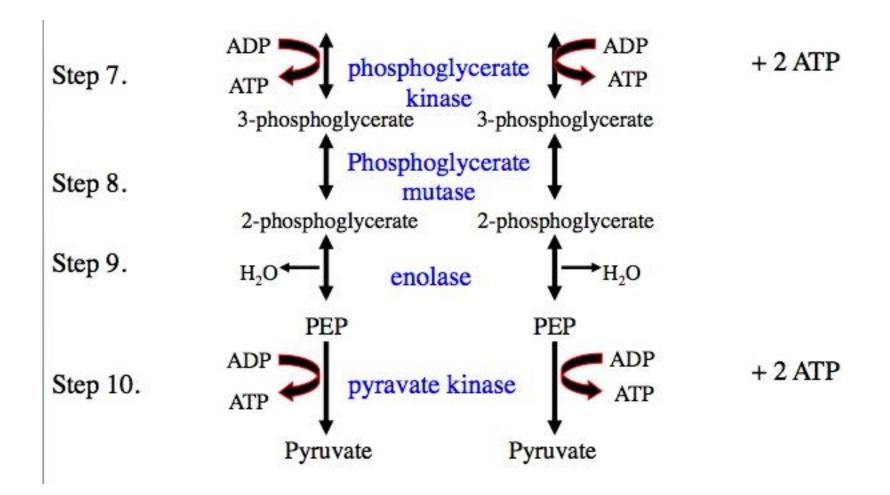


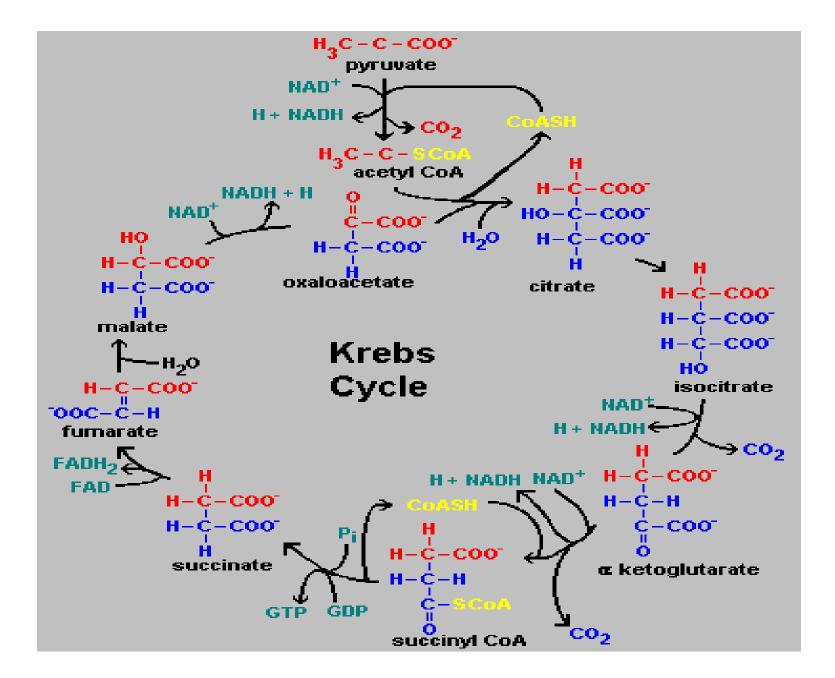
Pyruvate











TOT	AL ATP Production fro	om one Glucose molecule
Stage I.	Glycolysis: (Net yields) ATP 2 NADH+H ⁺ → 2 FADH ₂ (to E	2 ATP TC) 3 ATP
Stage II.	Conversion of pyruvate to AC 2 NADH + H ⁺ (to ETC)	0A 5 ATP
Stage III.	ATP (at one site) NADH+H ⁺ at three steps (to E FADH ₂ at one step (to ETC)	2 ATP TC) 15 ATP 3 ATP Total ATP from one molecule

of glucose = 30 ATP

Amino Acids, Peptides, and Proteins.

Assistant Prof.Dr. MAJID M. A.ALI

12-15	PROTEIN METABOLISM	
	- Fate of Ammonia	
	- Urea: (normal values, uremia)	
	 Amino acids as buffers 	
	- Serum protein components	
	- Insulin structure	
	- Selected inborn errors of amino	
	acid metabolism	

Objectives

- 1. The nature of the amino acids,.
- 2. Diseases related to the functioning of the amino acids
- 3. General techniques used in the work of the proteins.

Specific objective

At the end of the school year, the student will be able to understand and realize

1. Defining immunology and its relationship to other sciences and its importance to the student of amino acids and protein.

2. The components, types of proteins, which include theproteins cells and organs that are related to the formation of the human body.

- 3. The concept of natural and acquired amino acids, humoral and cellular factors.
- 4. The relationship between humoral components, cellular factors and the biology.

5. proteins and its types of and its metabolic,

6. Mechanisms of laboratory diagnosis and identification of some derives proteins compounds that depend on differents laboratory diagnosis

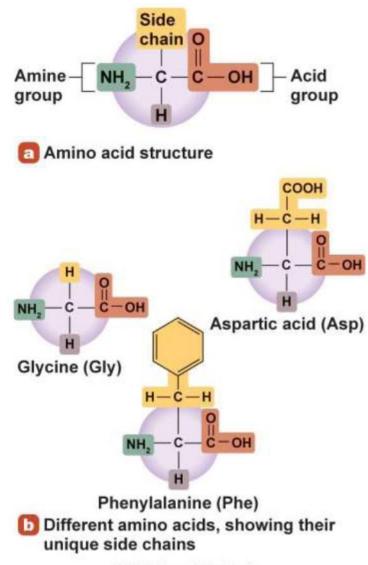
What Are Proteins?

- Large molecules •
- Made up of chains of amino acids •
- Are found in every cell in the body •
- Are involved in most of the body's functions and life Processes.
 - The sequence of amino acids is determined by DNA •

Structure of Proteins

- Made up of chains of amino acids; classified by number of amino acids in a chain.
- Peptides: fewer than 50 amino acids
- Dipeptides: 2 amino acids
- Tripeptides: 3 amino acids
- Polypeptides: more than 10 amino acids
- Proteins: more than 50 amino acids
- Typically 100 to 10,000 amino acids linked together
 Chains are synthesizes based on specific bodily DNA
 Amino acids are composed of carbon, hydrogen, oxygen, and nitrogen

Macronutrients	Chains of	Example
Carbohydrates	Glucose	Glucose units
Lipids	Fatty acids	Triglyceride Fatty acids
Proteins	Amino acids	Amino acids

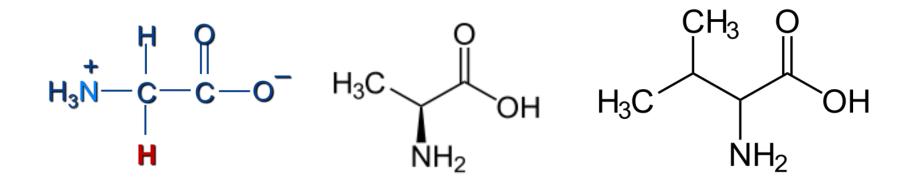


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Classification of Amino Acids

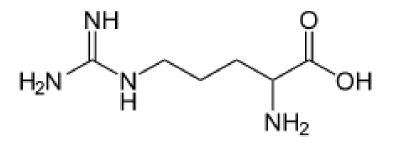
There are different ways of classifying the amino acids; the most common are chemical, nutritional, and metabolic classification.

1- Neutral amino acids : there are 15 amino acids which have of charge positive NH_3^+ and one charge negative COO^- Glycine : Glycine is the simplest amino acid. * Alanine : $R = CH_3$ VALINE : $R = (CH_3)_2$



3- Basic amino acids: there are 3 amino acids , they have two or more positive charge NH_3^+ and one negative charge COO^- .

Lysine, Arginine, and Histden



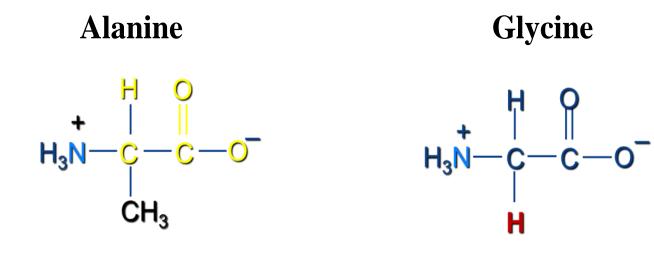
H₂N NH₂OH

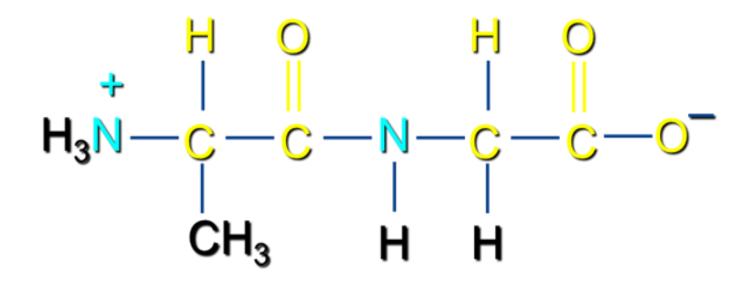
Arginine

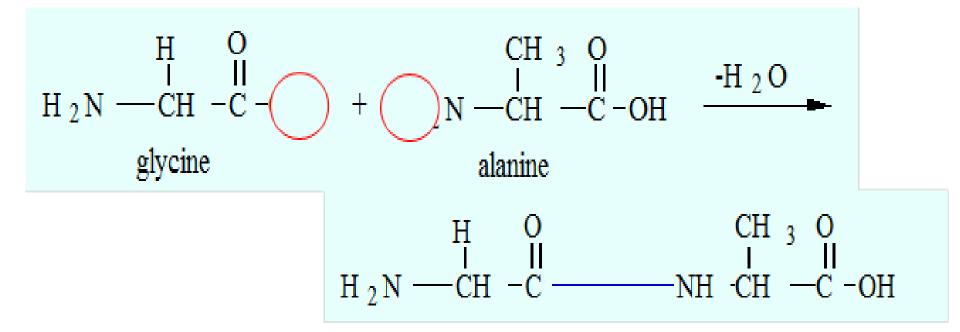


Name	Abbreviation	Structural formula*		
Amino acids with polar but nonionized side chains				
Glutamine	Gln (Q)	$ \begin{array}{ccc} $		
Serine	Ser (S)	NH₃ HOCH₂−CHCO₂ [−]		
Threonine [†]	Thr (T)	OH NH₃ │ │ CH₃CH—CHCO₂ [−]		
Tyrosine	Tyr (Y)			
		$\overset{+}{_{H_3}}$		
Cysteine	Cys (C)			
Amino acids with acidic s	ide chains			
Aspartic acid	Asp (D)	O NH₃ ∥ ⁻OCCH₂—CHCO₂ [−]		
Glutamic acid	Glu (E)	$\begin{array}{c} O & \overset{+}{NH_3} \\ \parallel & \downarrow \\ ^-OCCH_2CH_2 - \overset{-}{CHCO_2} \end{array}$		
Amino acids with basic side chains				
Lysine [†]	Lys (K)	NH ₃ H ₃ NCH ₂ CH ₂ CH ₂ CH ₂ —CHCO ₂ ⁻		
Arginine [†]	Arg (R)	$\overset{+}{\overset{+}{\underset{\parallel}{\overset{+}{\underset{\parallel}{\overset{+}{\underset{\parallel}{\overset{+}{\underset{\parallel}{\overset{+}{\underset{\parallel}{\overset{+}{\underset{\parallel}{\underset{\parallel}{\overset{+}{\underset{\parallel}{\underset{\parallel}{\overset{+}{\underset{\parallel}{\underset{\parallel}{\underset{\parallel}{\overset{+}{\underset{\parallel}{\underset{\parallel}{\underset{\parallel}{\underset{\parallel}{\underset{\parallel}{\underset{\parallel}{\underset{\parallel}{\underset$		
Histidine [†]	His (H)	$N \rightarrow CH_2 - CHCO_2^-$		

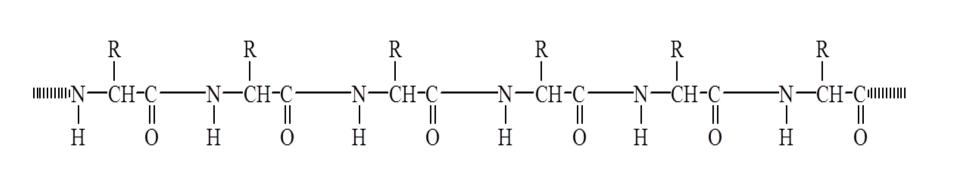
Peptides are compounds in which an amide bond links the amino group of one α -amino acid and the carboxyl group of another. An amide bond of this type is often referred to as a peptide bond.







Peptides are classified according to the number of amino acids nked together. dipeptides, Tripeptides, tetra peptides, etc. Leucine enkephalin is an example of a pentapeptide.



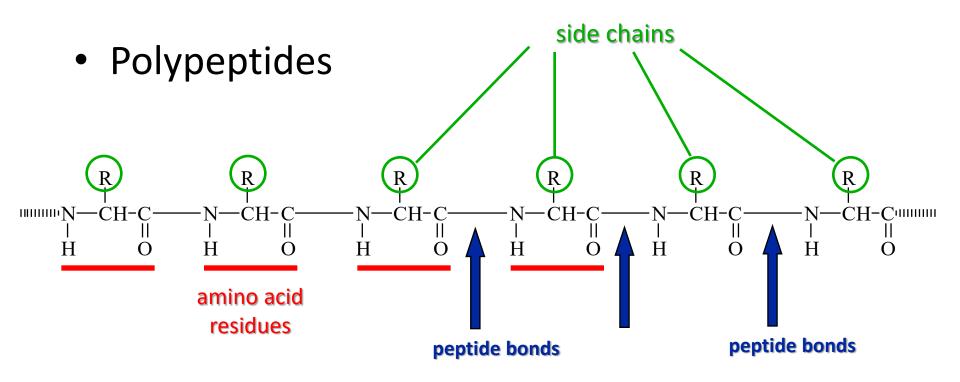
Proteins are Natural Polymers

- Proteins are constructed in the body from many repeating units call amino acids
- Just like other polymers the amino acids (monomers) are joined together to make long chains (polymers) – but we call them proteins instead
- All of the polymer information applies to proteins cross linking, rings, polarity etc.

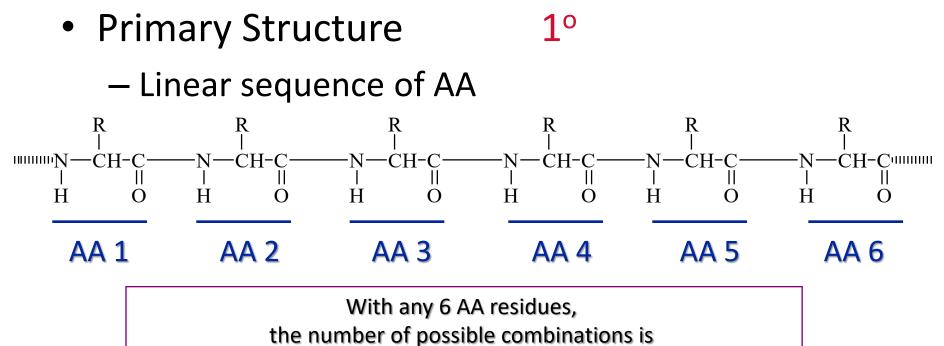
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Polypeptides



Protein Structure

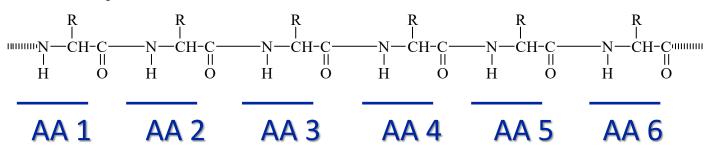


6 x 6 x 6 x 6 x 6 x 6 = 46656

AA's

Protein Structure

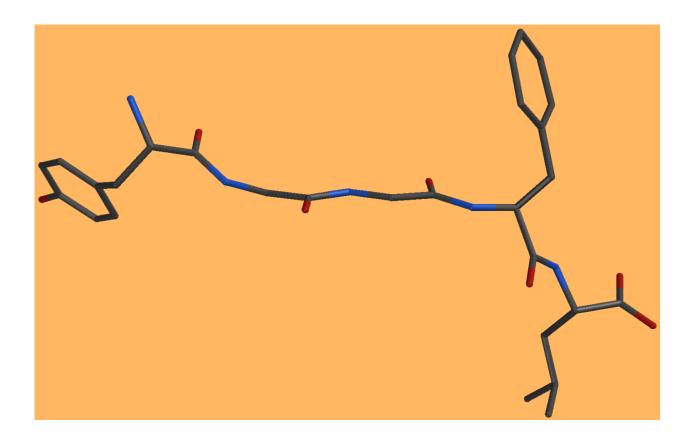




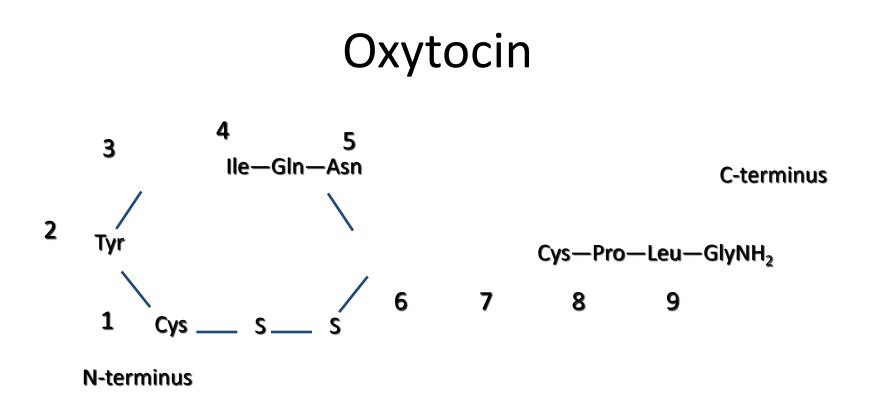
With any 6 of the 20 common AA residues, the number of possible combinations is 20 x 20 x 20 x 20 x 20 x 20 = 64,000,000



Leucine Enkephalin

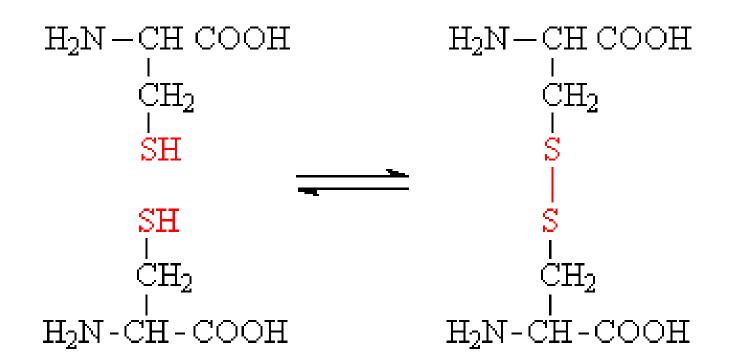


Tyr-Gly-Gly-Phe-Leu

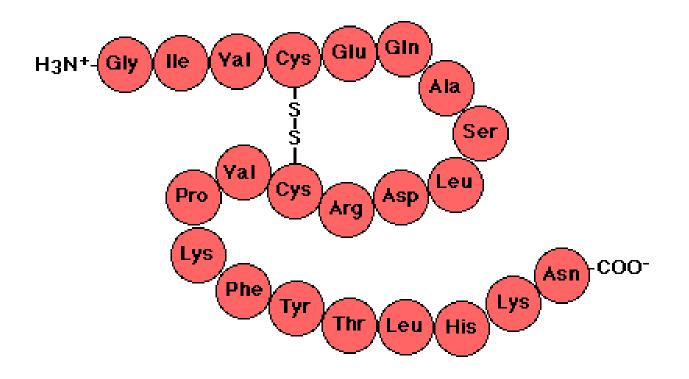


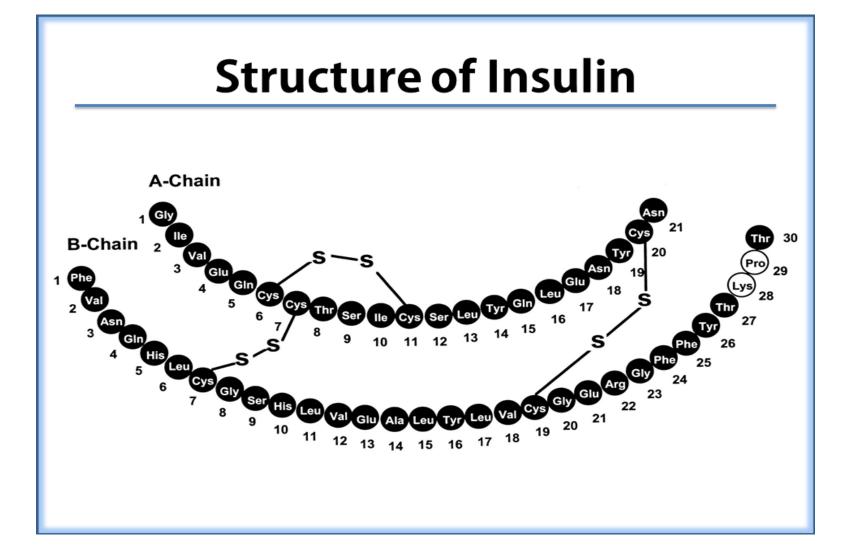
Oxytocin is a cyclic Nona peptide. • Instead of having its amino acids linked in • an extended chain, two cysteine residues are joined by an S—S bond.

Disulfide Bridge



Disulfide Bridge – Linking Distant Amino Acids





Protein Digestion:

1-In the mouth: no action.

2- In the stomach: the act of proteiolytic enzyme (pepsin) with PH 1.5-2.0 of gastric juice break down the proteins to peptone (small chains of amino acids).

Role of gastric juice HCl

- 1- It causes denaturation of proteins.
- 2-Converts proteins to metaproteins, which are easily digested.
- 3-Activate pepsinogen to pepsin.

3-In the small intestine: the act of pancreatic juice which contains of proteiolytic enzymes (Trypsin, chymotrypsin, Carboxypeptidases, and amino acid peptidase) will broke down all the small chains of peptone to amino acids, which are absorbed in to the blood and transported to liver for the functions:



Functions of proteins

1- Build new tissues in children.

2-Report worn out body tissues in adult human(muscle, skin, bone) a-there are 30 trillion erythrocytes in circulating blood. b-there are 3 million of erythrocytes are destroyed every second . c-there are 300 million molecules of hemoglobin in each erythrocyte

d-we may synthesize some of 900 trillion molecules of hemoglobin each second.



e-the biosynthetic of hemoglobin is formed from 4 chains of amino a with molecule of heme.

f-we need about 8 gm. of amino acids per day to biosynthesis this amount(about 14% of total amino acids daily protein intake). g-the synthesis of hemoglobin and erythrocytes in the bone-marrow.



3-provide sources of energy and heat.

4-provide body secretions and fluid(enzymes, hormones, milk, mucus, etc.).

- 5-maintain osmotic balance.
- 6-trasport fat, iron, calcium in the blood.
- 7-Produce antibodies.



Pathway of protein metabolism:

1-Anabolism : synthesis of :

a- Tissue proteins, blood protein, enzymes, and hormones. Like Creatinine, b-Synthesis of non-protein nitrogen compounds Urea, Purine, and Pyrimidine.



2-Catabolism: break down:

Proteins from diet and tissue are break down in to amino acids

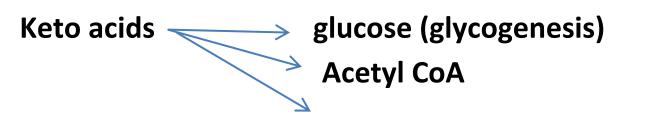
Amino acids

Keto acids + NH₃



NH₃ Urea, Creatinine, Uric acid New non – essential AA





Citric acid cycle



Deamination : Removal of amino group from the amino acids to for keto acid and ammonia (NH₃).

 $\begin{array}{c} \mathsf{CH}_3-\mathsf{CH}\text{-}\mathsf{COOH} & \longrightarrow & \mathsf{CH}_3-\mathsf{C}-\mathsf{COOH} \\ & \mathsf{NH}_2 & \mathsf{O} \\ \\ \mathsf{Alanine} \mbox{ (amino acid)} & \mathsf{Pyruvic acid} \mbox{ (keto acid).} \end{array}$



Decarboxylation: Removal of carboxyl group from the amino acids give rise to some of biological active amines. As

Histidine ______ Histamine (powerful vasodilator)

Tyrosine — Tyramine (increase blood pressure)

activity



Blood proteins : Albumin , Globulin , Fibrinogen

Hyperproteinemia : increase level of plasma protein . (increase both Albumin and Globulin.)in multiple myeloma.



Hypoproteinemia decrease level of plasma protein from their normal value (decrease both Albumin and Globulin) It is shown in Malnutrition, Malabsorption, Hemorrhage, kidney disorder and liver diseases.



Normal value :

Albumin 3.5-5.0 mg/dl.

Globulin 2.3-3.5 mg/dl



Assistant professor .Dr – majid m.a/ali

16-30 LIPID METABOLISM

- Oxidation of Fatty acids
- Ketone bodies
- Cholestrol metabolism
- Lipoprotein metabolism
- Atherosclerosis



Lipids are

* Biomolecules that contain fatty acids or a steroid * nucleus.

*Soluble in organic solvents but not in water. *

*Named for the Greek word *lipids*, which means * "fat."

*Extracted from cells using organic solvents *

Fats are solid at room temperature , while, oils are liquid at room temperature.

*The lipids are insoluble in water but soluble in organic solvents as ether, chloroform, benzene.

* Have low specific gravity less than 1.0 hence float on water.

* Solid fats have high melting point. while oils have low melting point.

Function of lipids :

- 1-source of energy 1gm. give 9 Kcal.2-they are used by the body to store
- surplus energy for times of need.
- 3- fat are done cushion the vital organs and act as an insulating layer for the body thus helping to maintain body temperature.
- 4-they act as carriers of the fat soluble vitamins, and aid in there absorption.

5- un saturated fatty acid as linoleic, linolenic and Arachidonic acids are essential for health and life. 6-Unsaturated fatty acids are compounds in the prostaglandins which act the regulation of blood pressure, heart rate, and the central nervous system. 7-Cholesterol has vital function in the body, it is an essential part of production of other important steroids like the bile acids, the sex hormones, and the adrenocortical hormones.

8-Activators of enzymes.

1-simple lipids:

A- fats and oils : They are contain fatty acids linked to glycerol.

Triglyceride is an ester derived from glycerol and three fatty acids. Triglycerides are the main constituents of body fat in humans and other animals, as well as vegetable fat. They are also present in the blood ., and are a major component of human skin oils.

СH2-OH CH2OH + 3 CH3(CH2)n-COOH CH2-OH

GLYCEROL Fatty acids

B- waxes: they are solid lipids ester of fatty acids with monohydroxy alcohols other than glycerol. As bees wax : palmitic acid ester of myricyl alcohol.



Waxes are

Esters of saturated fatty acids and long-chain alcohols. * Coatings that prevent loss of water by leaves of plants. *

TABLE	Some Typical Waxes			
Type Beeswax	Structural Formula	Source	Uses	
	$CH_3(CH_2)_{14} - C - O - (CH_2)_{29}CH_3$	Honeycomb	Candles, shoe polish, wax paper	
Carnauba wax	$CH_3(CH_2)_{24} \longrightarrow C \longrightarrow O \longrightarrow (CH_2)_{29}CH_3$	Brazilian palm tree	Waxes for furniture, cars, floors, shoes	
Jojoba wax	$CH_3(CH_2)_{18} - C - O - (CH_2)_{19}CH_3$	Jojoba	Candles, soaps, cosmetics	

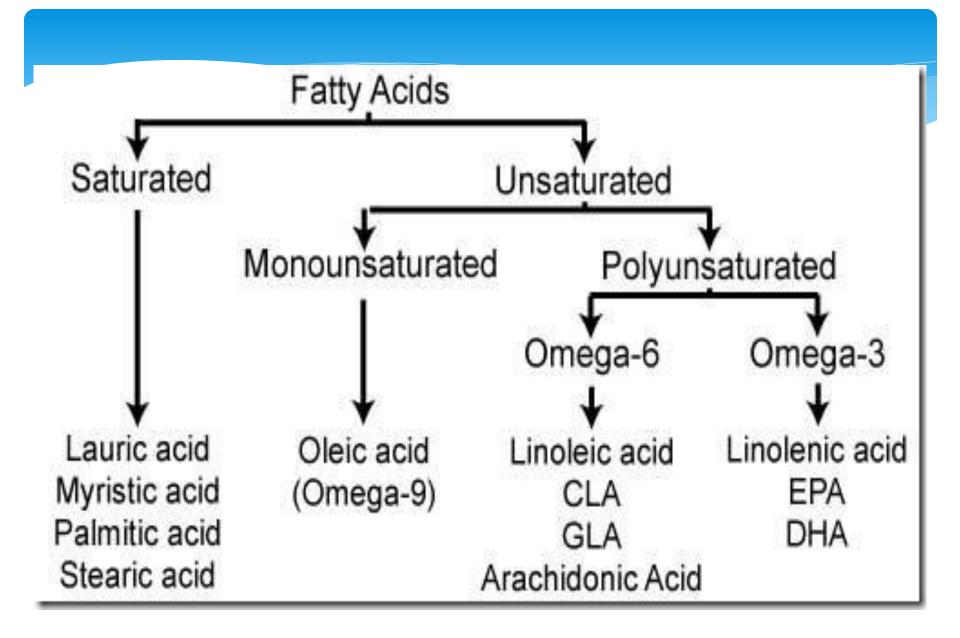
Fatty Acids

Fatty acids Are long-chain carboxylic acids.

Typically contain 4 -18 carbon atoms. *

Are insoluble in water. * Can be saturated or unsaturated. *



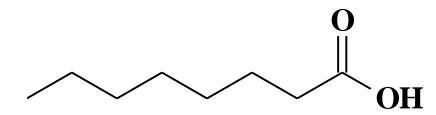


Fatty Acid Formulas

The formulas for fatty acids are written as

- Condensed formulas. *
- Line-bond formulas. *
- For example caprylic acid with 8 carbon atoms. * CH₃—(CH₂)₆—COOH

 $\mathsf{CH}_3 - \mathsf{CH}_2 - \mathsf{CH}_2 - \mathsf{CH}_2 - \mathsf{CH}_2 - \mathsf{CH}_2 - \mathsf{CH}_2 - \mathsf{COOH}$

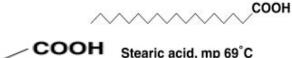


Saturated Fatty Acids

Saturated fatty acids have



Single C–C bonds.Molecules that fit closely together in a regular pattern.Strong attractions between fatty acid chains.High melting points that make them solids at room temperature



COOH COOH COOH COOH

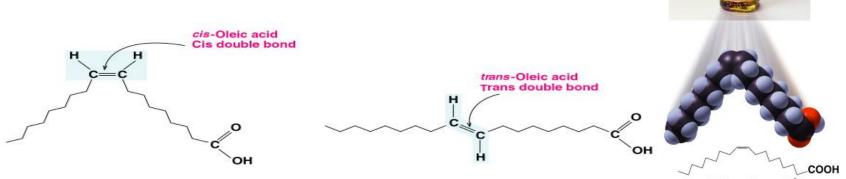
соон

Some Saturated Fatty Acids

Table 18.1 St		Points of Common Fatty Acids	202000000	
Name	Carbon Atoms	Structure	Melting Point (°C)	Source
Saturated Fatty Ac				
		0		
Capric acid	10 ~	~~~~~~он	32	Saw palmette
		O II		
Lauric acid	12	~~~~~~~~~~~~_ОН	43	Coconut
		0		
Myristic acid	14 🔨	~~~~~~ОН	54	Nutmeg
		0 L		
Palmitic acid	16		62	Palm
		Q		
Stearic acid	18 ~		69	Animal fat
		0		
Arachidic acid	20	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	PH 76	Peanut oil,
			071	vegetable and fish oils

Unsaturated Fatty Acids

Unsaturated fatty acids Have one or more double C=C bond * Typically contain *cis* double bonds. *

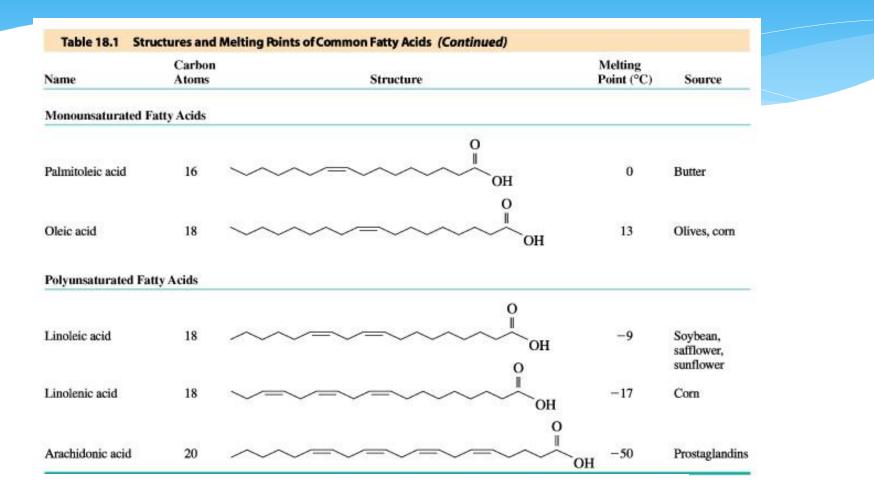


Oleic acid, mp 13°C

Cis and Trans Fatty Acids

Unsaturated fatty acids can be Cis with bulky groups on <u>same side of C=C.</u> * $(CH_2)_7 - COOH$ cis $CH_3 - (CH_2)_5$ C=C Η Н *Trans* have bulky groups on <u>opposite sides</u> of C=C. * $CH_3 - (CH_2)_5$ Η C=C trans H $(CH_2)_7 - COOH$

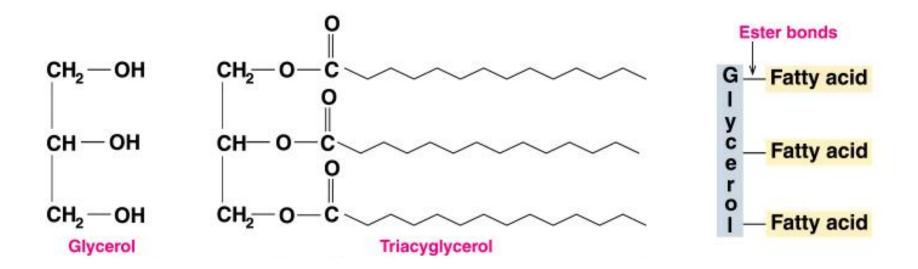
Unsaturated Fatty Acids



Triacylglycerols

In a triacylglycerol,

Glycerol forms ester bonds with three fatty acids.

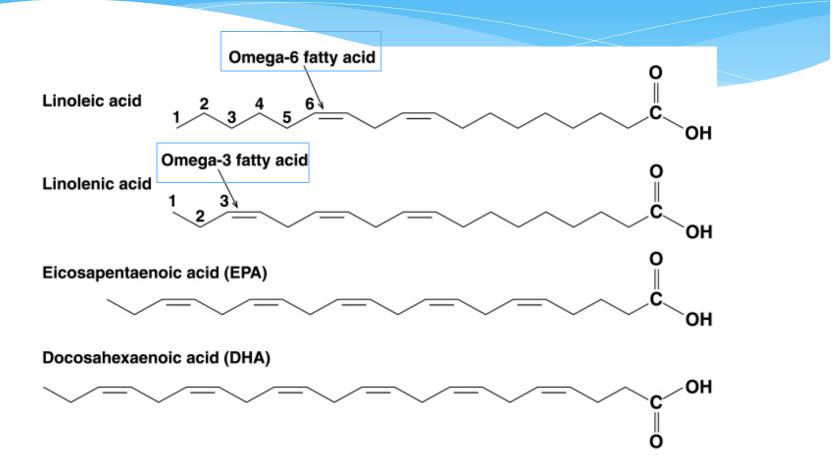


Comparing Melting Points of Some Fatty Acids

Structures and Melting Points of Common Fatty Acids

Name	Carbon Atoms	Double Bonds	Structure	Melting Point (°C)	Source
Saturated					
Lauric acid	12	0	CH ₃ -(CH ₂) ₁₀ -COOH	43	Coconut
Myristic acid	14	0	CH ₃ -(CH ₂) ₁₂ -COOH	54	Nutmeg
Palmitic acid	16	0	CH ₃ -(CH ₂) ₁₄ -COOH	62	Palm
Stearic acid	18	0	CH ₃ -(CH ₂) ₁₆ -COOH	69	Animal fat
Unsaturated					
Palmitoleic acid	16	1	CH ₃ -(CH ₂) ₅ -CH=CH-(CH ₂) ₇ -COOH	0	Butter
Oleic acid	18	1	CH ₃ -(CH ₂) ₇ -CH=CH-(CH ₂) ₇ -COOH	13	Olives, corn
Linoleic acid	18	2	CH ₃ -(CH ₂) ₄ -CH=CH-CH ₂ -CH=CH-(CH ₂) ₇ —COOH	t i i i i i i i i i i i i i i i i i i i
				-9	Soybean, safflower, sunflower
Linolenic acid	18	3	СН ₃ -СН ₂ -СН=СН-СН ₂ -СН=СН-СН	2-CH=CH- -17	-(CH ₂) ₇ COOH Corn

Some Omega-6 and Omega-3 Fatty Acids



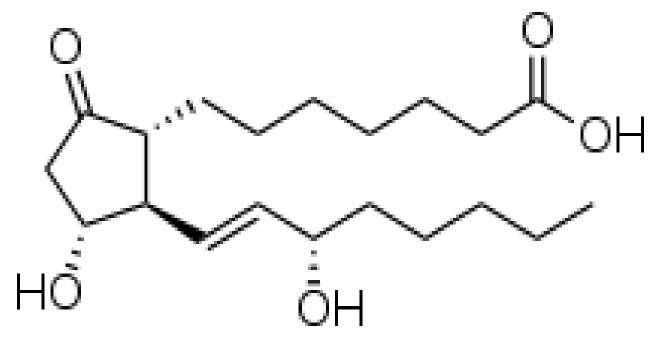


Prostaglandins :

The name prostaglandin derived from the prostate gland. They have been found in almost every tissue in humans and other animals .

They are hormone-like compounds, differ from the true hormones in that , they are formed in almost all tissues, not in specialized glands. ¹⁹⁴





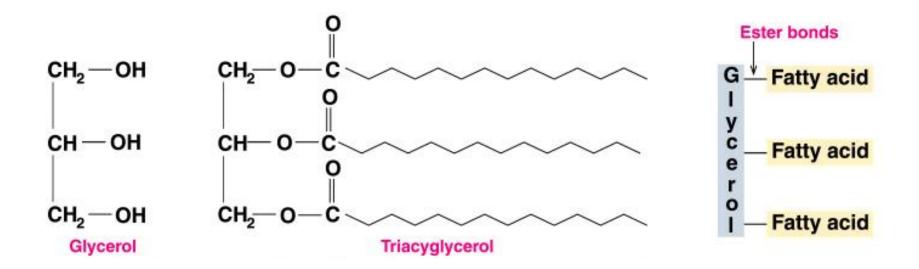
Prostaglandin functions:

- cause constriction or dilation in <u>vascular smooth</u>
 <u>muscle</u> cells
- cause aggregation or disaggregation of <u>platelets</u>
- sensitize spinal <u>neurons</u> to pain
- decrease intraocular pressure
- regulate inflammation
- regulate <u>calcium</u> movement
- regulate <u>hormones</u>
- control <u>cell growth</u>
- acts on thermoregulatory center of <u>hypothalamus</u> to produce <u>fever</u>
- acts on <u>parietal cells</u> in the <u>stomach</u> wall to inhibit acid secretion
- increase mucus production and bicarbonate secretion

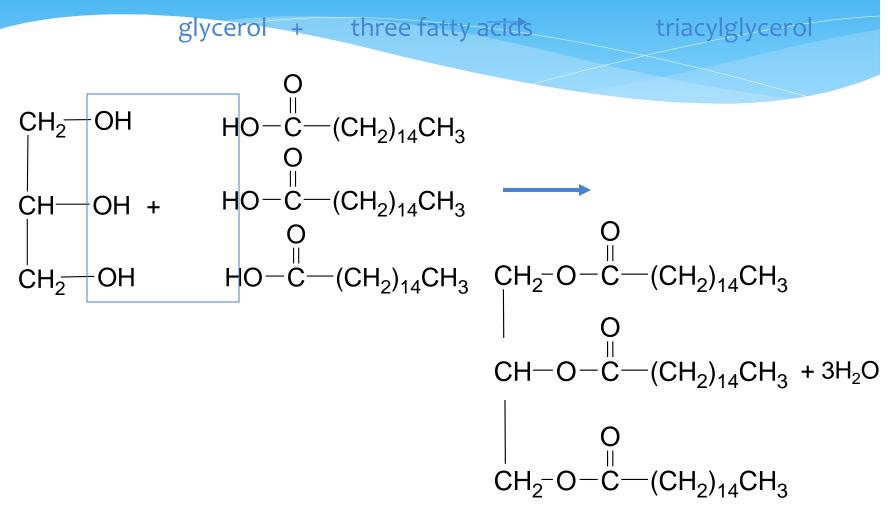
Triacylglycerols

In a triacylglycerol,

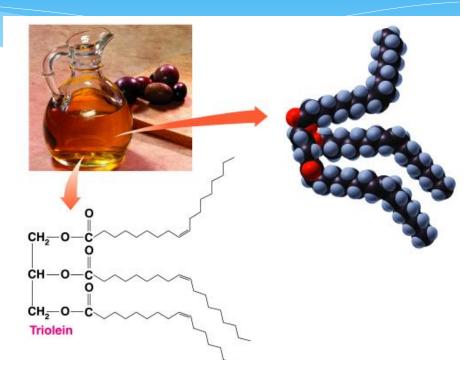
Glycerol forms ester bonds with three fatty acids.



Formation of a Triacylglycerol



Olive Oil



Olive oil

Contains a high * percentage of oleic acid, which is a monounsaturated fatty acid with one cis double bond.

Melting Points of Fats and Oils

<u>A triacylglycerol that is a fat</u>

- Is solid at room temperature. *
- Is prevalent in meats, whole milk, butter, and cheese. *

A triacylglycerol that is an oil

- Is liquid at room temperature. *
- Is prevalent in plants such as olive and safflower. *

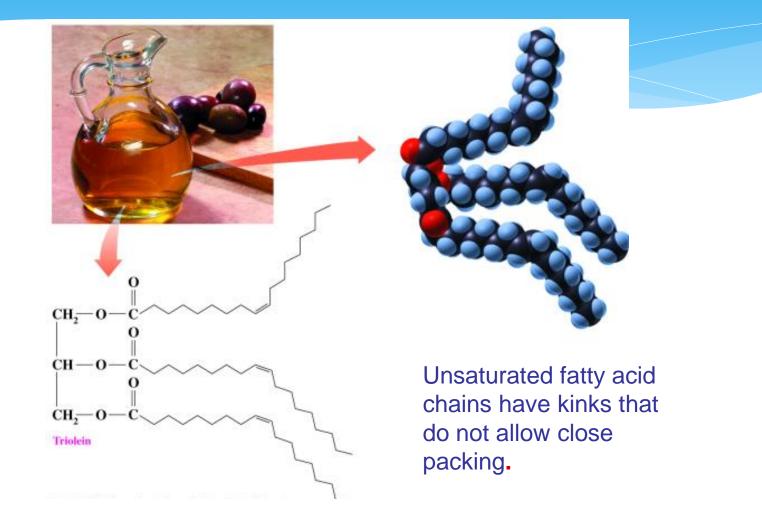
Oils with Unsaturated Fatty Acids

Have more unsaturated fats.

Dils

- Have cis double bonds that cause "kinks" in the fatty * acid chains.
 - Cannot pack triacylglycerol molecules as close * together as in fats.
 - Have lower melting points than saturated fats. *
 - Are liquids at room temperature. *

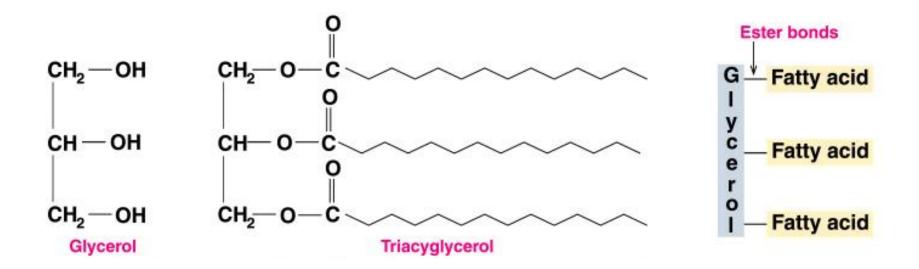
Diagram of Triacylglycerol with Unsaturated Fatty Acids



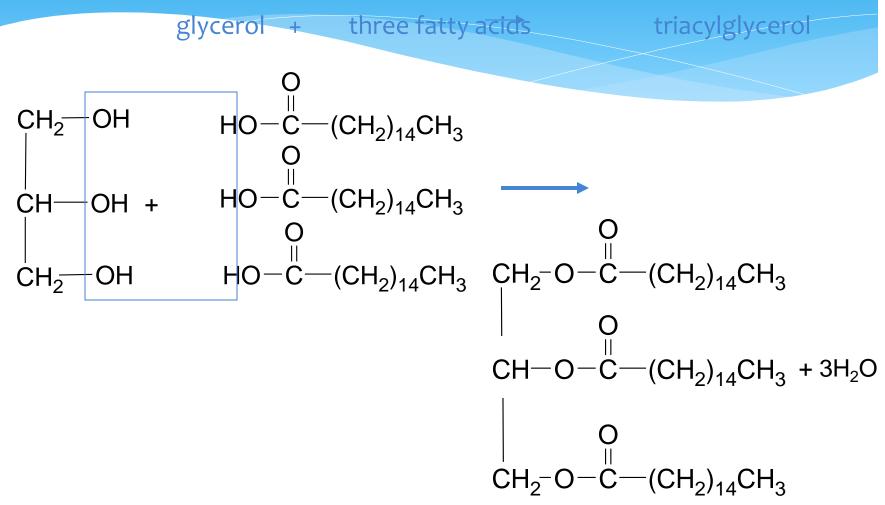
Triacylglycerols

In a triacylglycerol,

Glycerol forms ester bonds with three fatty acids.



Formation of a Triacylglycerol



Chemical Properties of Triacylglycerols

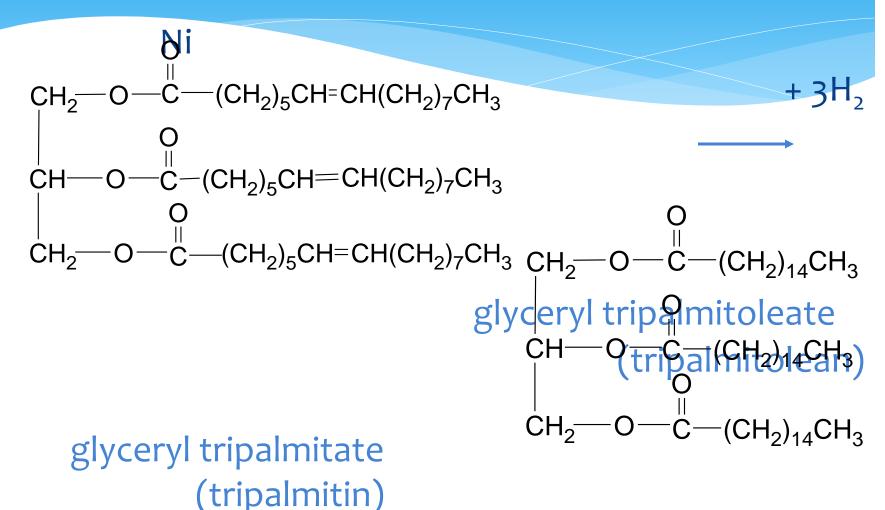
- The chemical reactions of triacylglycerols are similar to those of alkenes and esters.
 - In hydrogenation, double bonds in unsaturated fatty acids * react with H₂ in the presence of a Ni or Pt catalyst.
- In hydrolysis, ester bonds are split by water in the presence of * an acid, a base, or an enzyme.

Hydrogenation of Oils

The hydrogenation of oils

- Adds hydrogen (H_2) to the carbon atoms of double bonds. *
 - Converts double bonds to single bonds. *
 - Increases the melting point. *
 - Produces solids such as margarine and shortening. *

Hydrogenation





2-Compound lipids:

They are lipids contain fatty acid ester with glycerol and other groups :



A-Phospholipids : consist of : fatty acids + glycerol + phosphoric acid + nitrogen base. Present in every living cells , in seed an sprouts, in cell membrane , in mitochondria , in brain , and nervous tissues.

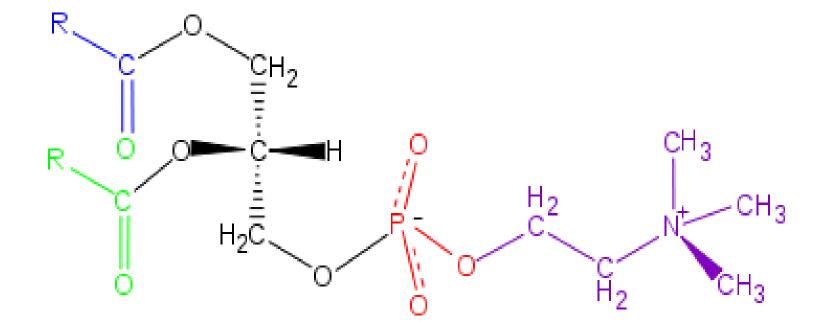


Lecithin: (phosphatidylcholine): Lecithin is glycerophospholipid attract both water and fatty substances (and so are

both <u>hydrophilic</u> and <u>lipophilic</u>), aid in

emulsification of lipid.





Omega-6 and Omega 3- Fatty Acids

- Fatty acids
- In vegetable oils are mostly omega-6 with the first C=C at C6.
 - linoleic acid

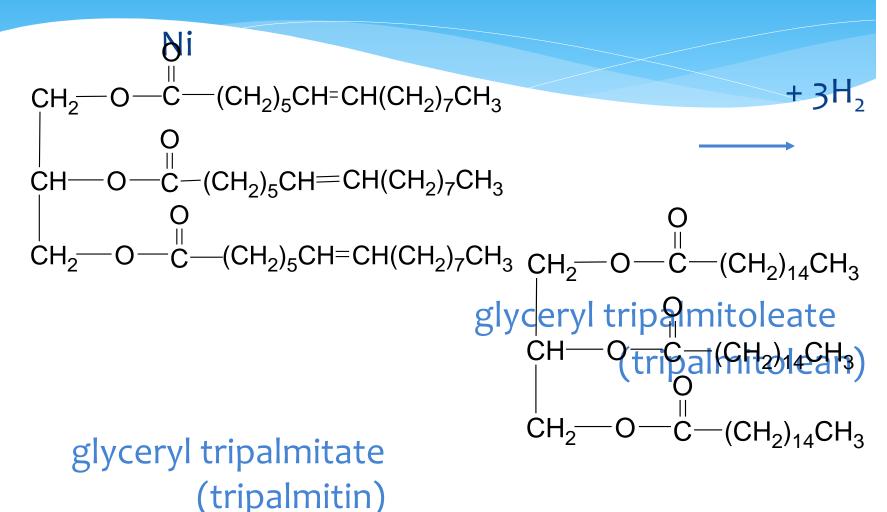
6

- $CH_3 (CH_2)_4 CH = CH CH_2 CH = CH (CH_2)_7 COOH$
- In fish oils are mostly omega-3 with the first C=C at C3.
 linolenic acid
 CH₃-CH₂-(CH=CH-CH₂)₃-(CH₂)₆-COOH
 3



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Hydrogenation



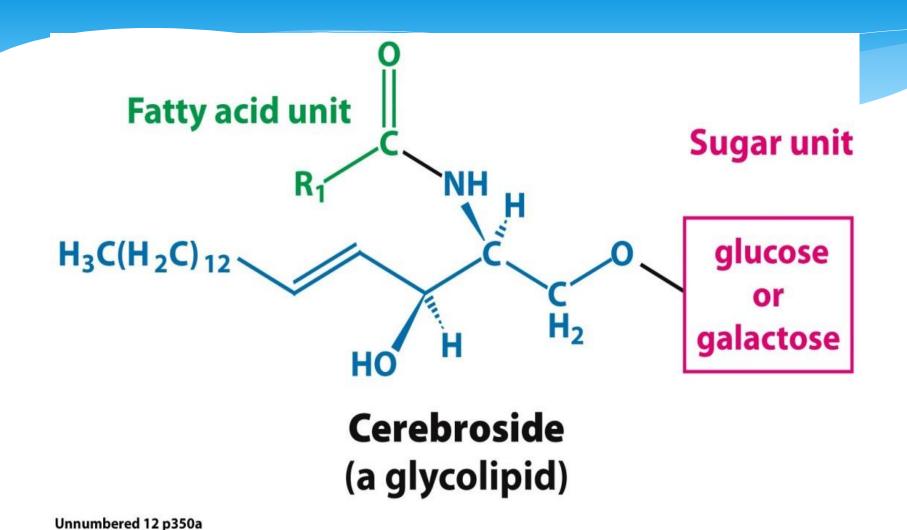
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- Glycolipids: Glycolipids are lipids with a carbohydrate attached by a glycosidic bond. Their role is to maintain the stability of the cell membrane and to facilitate cellular recognition,: The essential feature of a glycolipid is the presence of a monosaccharide or oligosaccharide bound to a lipid moiety. The most common lipids in cellular membranes are glycerolipids.

glycolipids function is responses within the body is the interaction between leukocytes and endothelial cells during inflammation. The four main human blood types (A, B, AB, **O)** are determined by the oligosaccharide attached to a specific glycolipid on the surface of red blood cells, which acts as an antigen.

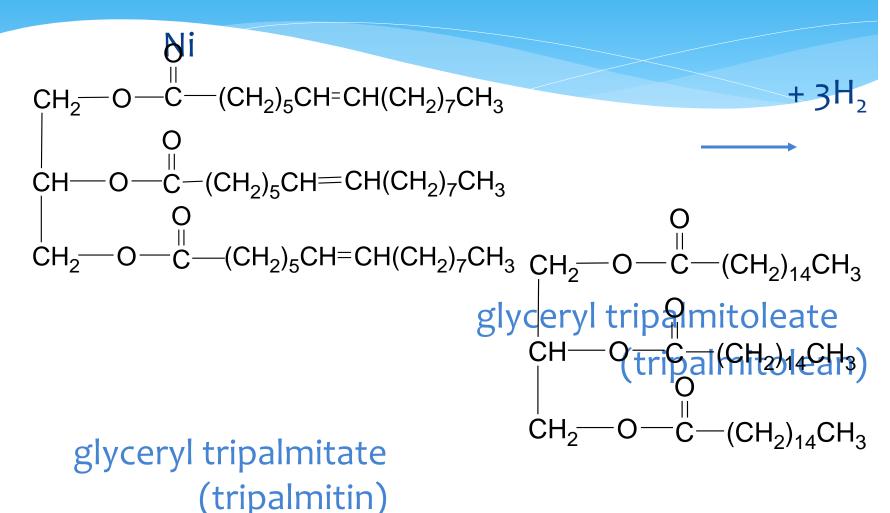
Cerebrosides : It is a compound lipids consist of fatty acid , sphingolalcohol , and glucose or galactose. The fundamental structure of a Cerebroside is ceramide, having a mono or polysaccharide bonded glycosidically to the terminal OH group of ceramide .

Galactosylceramide is the principal Glycosphingolipid in brain tissue. Galactosylceramides are present in all nervous tissues, and can compose up to 2% dry weight of grey matter and 12% of white matter.



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Hydrogenation





Lipoproteins

The role of lipoprotein particles is to transport triacylglycerols (triglycerides) and cholesterol in the blood between all the tissues of the body

Lipoproteins may be classified as follows, listed from larger and less dense to smaller and high denser. Lipoproteins are larger and less dense when the fat to protein ratio is increased. . <u>Chylomicrons</u> carry <u>triglycerides</u> (fat) from the intestines to the liver, to skeletal muscle, and to adipose tissue.



Very-low-density lipoproteins (VLDL)
 carry triglycerides from the liver to adipose tissue.

. Low-density lipoproteins (LDL) carry

- 3,000 to 6,000 fat molecules
- (phospholipids, cholesterol,
- triglycerides, etc.) around the body. LDL
- particles are sometimes referred to as
- "bad" lipoprotein because
- concentrations, dose related, correlate
- with atherosclerosis progression.

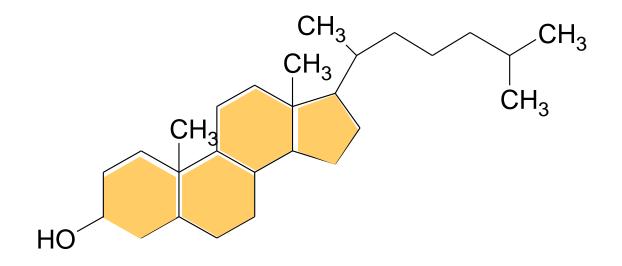
High-density lipoproteins (HDL) collect fat molecules (phospholipids, cholesterol, triglycerides, etc.) from the body's cells/tissues, and take it back to the liver. HDLs are sometimes referred to as "good" lipoprotein because higher concentrations correlate with low rates of atherosclerosis progression and/or regression.



For young healt Density (g/mL)	hy research subject Class	ts, ~70 kg (154 lb.), Diameter (nm)	this data represer % protein	nts averages across % cholesterol	individuals studied % phospholipid	: % triacylglycerol & cholesterol ester
>1.063	<u>HDL</u>	5–15	33	30	29	4
1.019–1.063	<u>LDL</u>	18–28	25	50	21	8
1.006–1.019	IDL	25–50	18	29	22	31
0.95–1.006	<u>VLDL</u>	30–80	10	22	18	50
<0.95	Chylomicrons	100-1000	<2	8	7	84

3- Derived lipids:

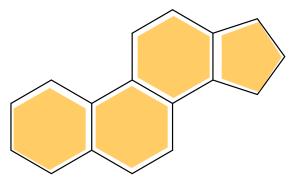
Steroids: Cholesterol, Bile Salts, and Steroid Hormones



Steroid Nucleus

A steroid nucleus consists of

- 3 cyclohexane rings. *
- 1 cyclopentane ring. *
 - No fatty acids. *



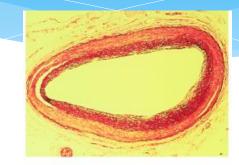
steroid nucleus

Cholesterol

Cholesterol Is the most abundant steroid in the body. * Has methyl CH₃- groups, alkyl chain, and - * OH attached to the steroid nucleus. CH_3 CH_3 CH_3 CH_3 CH HO

Cholesterol in the Body

A normal, open artery.





An artery clogged by cholesterol plaque

Cholesterol in the body

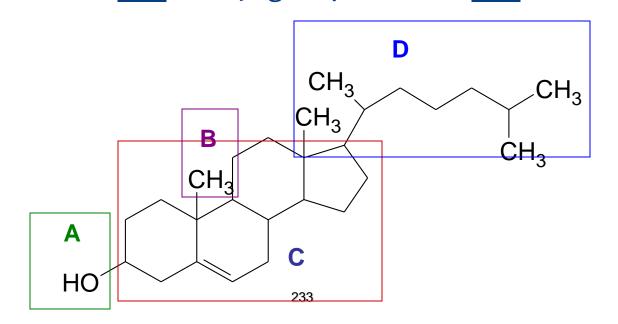
- Is obtained from meats, milk, * and eggs.
 - Is synthesized in the liver. *
- Is needed for cell membranes, * brain and nerve tissue, steroid hormones, and Vitamin D.
 - Clogs arteries when high * levels form plaque.

Cholesterol in Foods

Cholesterol is Synthesized in the * liver. Obtained from * foods. Considered * elevated if plasma cholesterol exceeds 200 mg/dL.

Food	Serving Size	Cholesterol (mg
Liver (beef)	3 oz	370
Egg	1	250
Lobster	3 oz	175
Fried chicken	3½ oz	130
Hamburger	3 oz	85
Chicken (no skin)	3 oz	75
Fish (salmon)	3 oz	40
Butter	1 tablespoon	30
Whole milk	1 cup	35
Skim milk	1 cup	5
Margarine	1 tablespoon	0

Match the components of the cholesterol molecule with the following: ____hydroxyl group _____carbon chain methyl group steroid nucleus



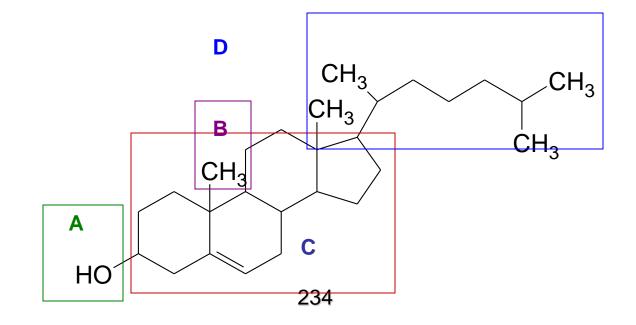
Solution

Match the components of the cholesterol molecule with

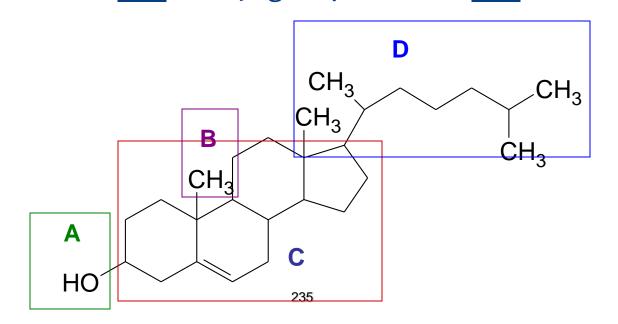
<u>A</u> hydroxyl group <u>B</u> methyl group D carbon chain

the following:

<u>C</u> steroid nucleus



Match the components of the cholesterol molecule with the following: ____hydroxyl group _____carbon chain methyl group steroid nucleus



Bile Salts

Bile salts

- Are synthesized in the liver from cholesterol. *
 - Are stored in the gallbladder. *
 - Are secreted into the small intestine. *
 - Have a polar and a nonpolar region *
 - Mix with fats to break them part. *

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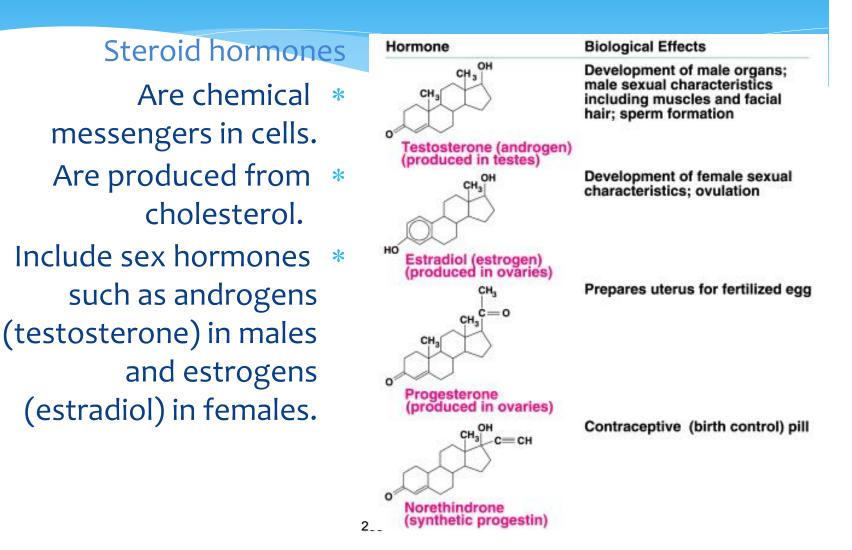
Emulsify fat particles to provide large surface *

Bile Salts glycine, an amino acid cholic acid, a bile acid CH_3 CH_2 COO⁻ Na⁺ OH CH₃ Η Polar region CH₃ HO OH

Nonpolar region

sodium glycocholate, a bile salt

Steroid Hormones

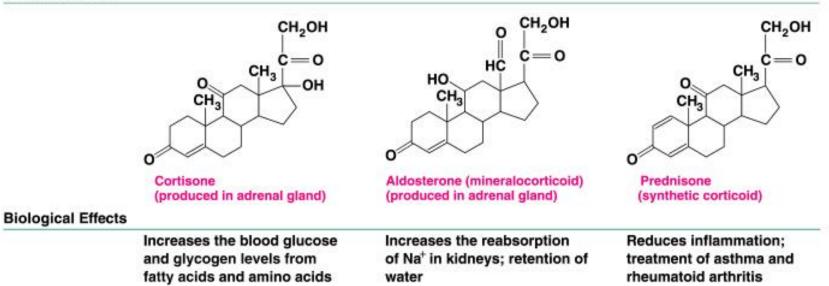


Adrenal Corticosteroids

- Adrenal corticosteroids are steroid hormones that
- Are produced by the adrenal glands located on the top of each kidney.
 - Include *aldosterone*, which regulates electrolytes * and water balance by the kidneys.
- Include cortisone, a glucocorticoid, which increases * blood glucose level and stimulates the synthesis of glycogen in the liver.

Adrenal Corticosteroids

Corticosteroids



- Identify each as a
- 3. triacylglycerol 2. steroid 1. fatty acid
 - 5. sphingolipid 4. phospholipid
 - A. cholesterol
- B. glycerol, 2 fatty acids, phosphate, and choline
 - C. glyceryl tristearate
- D. sphingosine, fatty acid, phosphate, and choline
 - E. estradiol
 - F. bile salts
 - G. lipids in plasma membranes

Solution

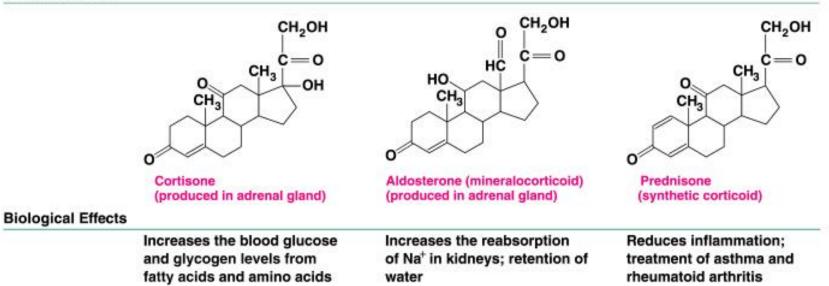
- 2 steroid cholesterol A.
- glycerol, 2 fatty acids, phosphate, and choline B. 4 phospholipid
 - 3 triacylglycerol glyceryl tristearate C.
- sphingosine, fatty acid, phosphate, and choline D. 5 sphingolipid
 - estradiol 2 steroid E.
 - bile salts 2 steroid F.
 - lipids in plasma membranes G. 4 phospholipid, 5 sphingolipid

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- sphingosine, fatty acid, phosphate, and choline D. 5 sphingolipid
 - estradiol 2 steroid E.
 - bile salts 2 steroid F.
 - lipids in plasma membranes G. 4 phospholipid, 5 sphingolipid

Assign the melting points of –17°C, 13°C, and 69°C to the correct fatty acid. Explain.

saturated stearic acid (18 C)

one double bond oleic acid (18 C)

two double bonds linoleic acid (18 C)

Solution

Stearic acid is saturated and would have a higher melting point than the unsaturated fatty acids. Because linoleic has two double bonds, it would have a lower mp than oleic acid, which has one double bond.

stearic acid mp 69°C saturated

oleic acid mp 13°C

linoleic acid mp -17°C most unsaturated

Write a fatty acid with 10 carbon atoms that is: A. saturated

B. monounsaturated omega-3

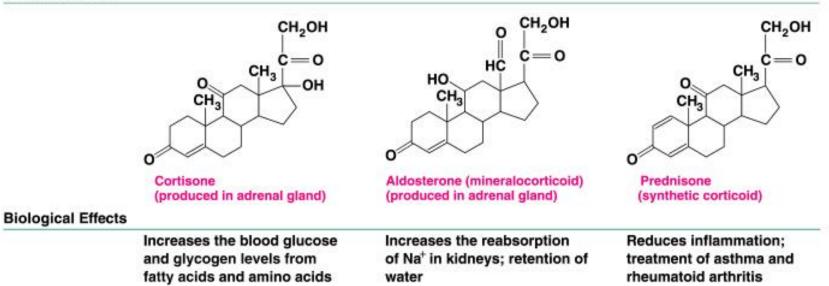
C. monounsaturated omega-6

Adrenal Corticosteroids

- Adrenal corticosteroids are steroid hormones that
- Are produced by the adrenal glands located on the top of each kidney.
 - Include *aldosterone*, which regulates electrolytes * and water balance by the kidneys.
- Include *cortisone*, a glucocorticoid, which increases * blood glucose level and stimulates the synthesis of glycogen in the liver.

Adrenal Corticosteroids

Corticosteroids



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 - 5. sphingolipid 4. phospholipid
 - A. cholesterol
- B. glycerol, 2 fatty acids, phosphate, and choline
 - C. glyceryl tristearate
- D. sphingosine, fatty acid, phosphate, and choline
 - E. estradiol
 - F. bile salts
 - G. lipids in plasma membranes

Solution

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 - estradiol 2 steroid E.
 - bile salts 2 steroid F.
 - lipids in plasma membranes G. 4 phospholipid, 5 sphingolipid

Learning Check

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linoleic acid mp -17°C most unsaturated

Learning Check

Write a fatty acid with 10 carbon atoms that is: A. saturated

B. monounsaturated omega-3

C. monounsaturated omega-6

Solution

What product(s) is obtained from the complete hydrogenation of glyceryl trioleate?

2. Glyceryltristearate

Learning Check

(1) True or (2) False

A. There are more unsaturated fats in vegetable oils.

B. Vegetable oils have higher melting points than fats.

C. Hydrogenation of oils converts some *cis*-double bonds *to trans*- double bonds.

D. Animal fats have more saturated fats.

Solution

(1) True or (2) False

A. **T** There are more unsaturated fats in vegetable oils.

B. F Vegetable oils have higher melting points than fats.

C. T Hydrogenation of oils converts some cisdouble

bonds to trans- double bonds.

D. T Animal fats have more saturated fats.

Solution

(1) True or (2) False

A. **T** There are more unsaturated fats in vegetable oils.

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D. T Animal fats have more saturated fats.

Learning Check

Identify each as a B. triacylglycerol D. glycerophospholipid

glyceryl trioleate
 cephalin
 choline
 palmitic acid

A. fatty acidC. amino alcohol

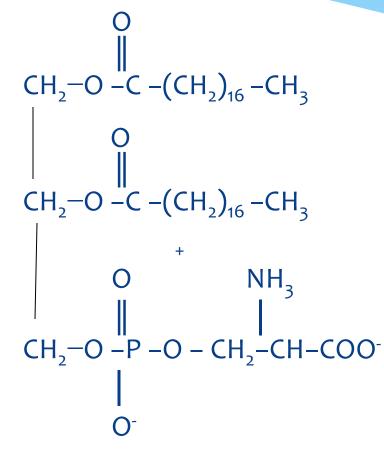
Solution

Identify each as a B. triacylglycerol A. fatty acid D. glycerophospholipid C. amino alcohol

B. triacylglycerol 1. glyceryl trioleate
D. glycerophospholipid 2. cephalin
C. amino alcohol 3. choline
A. fatty acid 4. palmetic acid

Learning Check

Identify the components and type of glycerophospholipid



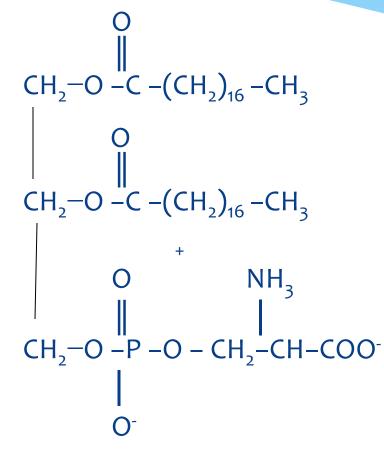
Solution

Identify each as a B. triacylglycerol A. fatty acid D. glycerophospholipid C. amino alcohol

B. triacylglycerol 1. glyceryl trioleate
D. glycerophospholipid 2. cephalin
C. amino alcohol 3. choline
A. fatty acid 4. palmetic acid

Learning Check

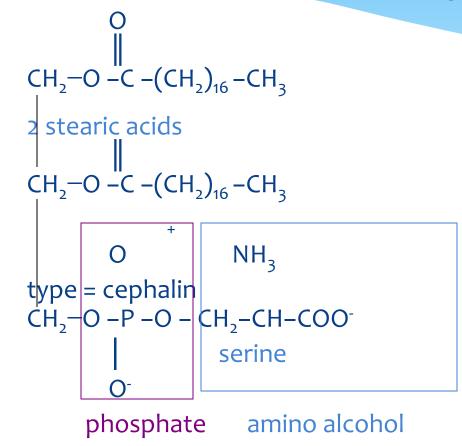
Identify the components and type of glycerophospholipid



Solution

 \mathbf{O}

Identify the components and type of glycerophospholipid

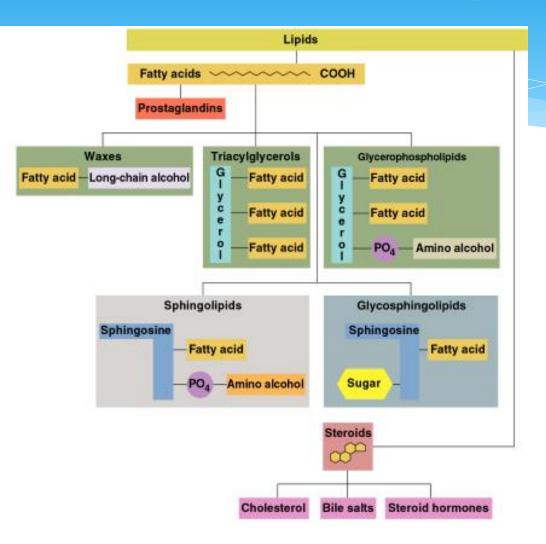




Digestion of lipid

Lipo proteins

Structures of Lipids

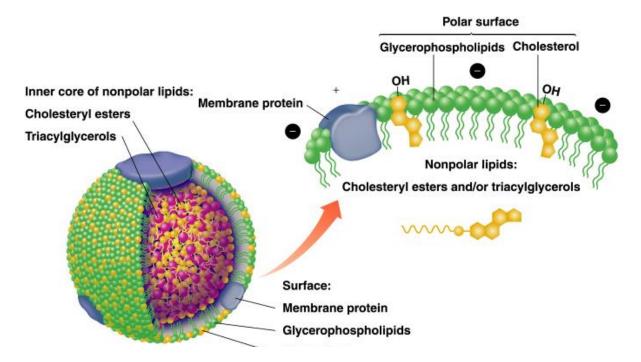


Lipoproteins

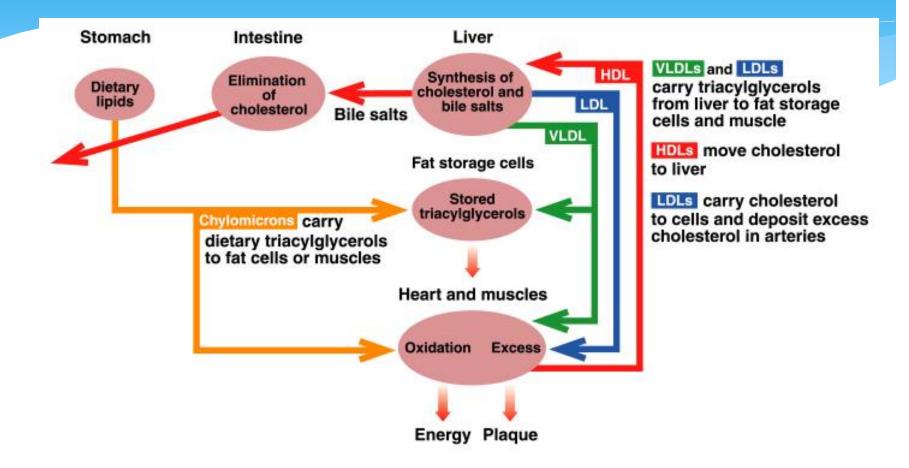
Lipoproteins

Combine lipids with proteins and phospholipids.

Are soluble in water because the surface consists of * polar lipids.



Transport of Lipoproteins in the Body



LDL	
Acceptable:	100 mg/dL or lower
Borderline:	130 to 159 mg/dL
High:	160 mg/dL or higher

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Approach 5th Edition, by Michael Lieberman (Author), Alisa Peet MD.

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الاسئله المتداوله

Q1: Fill in blanks for the following:(20 MARKS) *

- * 1- Hyperproteinemia_is increase level of
- * 2- Lipids are biomolecular that extracted from cells using

*

* 3- Solid fats have melting point, while oils have melting point.

*

* 4-un saturated fatty acid as

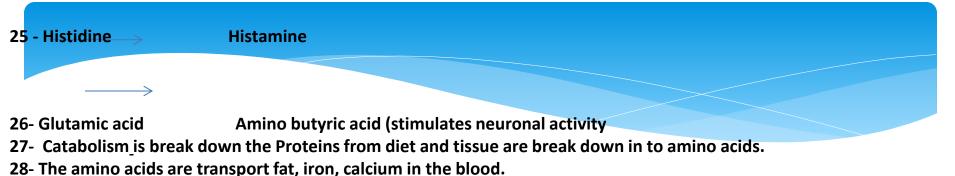


Q1: Fill in blanks for the following :(20 MARKS)

- 1- Hyperproteinemia_is increase level of plasma protein (increase both Albumin and Globulin.)
- 2- Lipids are bimolecular that extracted from cells using organic solvents.
- 3- Solid fats have high melting point, while oils have low melting point.
- 4-un saturated fatty acid as linoleic, linolenic and Arachidonic acids are essential for health and life.
- 5- fats and oils are contain fatty acids linked to glycerol
- 6- Triglyceride is an ester derived from glycerol and three fatty acids
- 7- Fatty acids are long-chain of carboxylic acids, Typically contain 4 -18 carbon atoms.
- 8- The melting point of oleic acid is 13c
- 9- Saturated fatty acids have Single C–C bonds Molecules.
- 10-- Fatty acids In vegetable oils are mostly omega-6 with the first C=C at C6



- 11- In fish oils are mostly omega-3 with the first C=C at C3.
- 12- Prostaglandins have 20 carbon atoms in their fatty acid chains including a 5 carbon ring.
- 13- Prostaglandins have An OH group on carbon 11, and 15.
- 14- Prostaglandins have A trans double bond at carbon 13.
- 15- CLA IS Abbreviation for conjugated Linoleic acid
- 16- DHA is Abbreviation for Decosa hexanoic acid.
- 17- EPA is Abbreviation for ECOSA PENTAENOIC ACID
- 18-GLA is Abbreviation for GAMA CARBOXYGLUTAMIC ACID.
- 19- M.p is Abbreviation for melting point.
- 20- Omega 9 is Abbreviation for the double bond in carbon number 9.
- 21- CLA IS Abbreviation for conjugated Linoleic acid
- 22- EPA is Abbreviation for ECOSA PENTAENOIC ACID
- 23-GLA is Abbreviation for GAMA CARBOXYGLUTAMIC ACID.
- 24- Decarboxylationis removal of carboxyl group from the amino acids to give rise to some of biological active amines.



29- In the small intestine the act of pancreatic juice which contains of proteiolytic enzymes (Trypsin, chymotrypsin, Carboxypeptidases, and amino acid peptidase).

30 – proteins are Converts to metaproteins which are easily digested by.....

peptone.

33- In a *dipeptide* glycylalanine two α -amino acids..... are joined by a peptide bond.

34- There are 3 amino acids , they have two or more positive charge NH_3^+ and one negative charge COO⁻.

35- There are 15 amino acids which havecharge positive NH₃⁺ and charge negative COO-nd one charge negative COOHhich have one charge positive NH3^{-.}

36- Prostaglandin function is mucus production and

37- In a triacylglycerol the Glycerol forms ester bonds with three fatty acid .

38-The name prostaglandin derived from the prostate gland.

39-In vegetable oils are mostly omega-6 with the first C=C at C6

40- The linolenic acid have.....carbons atoms anddouble bonds.

41- The palmitoleic acid have carbons atoms anddouble bond.

42- Waxes are esters of saturated fatty acids and long-chain of alcohols.

- Answer by true or false for these sentences (20Marks).
- 1- Vegetable oils have lower melting points than fats.
 - 2- Animal fats have more unsaturated fatty acids
 - 3- HDL lipoprotein collect fat molecules from the body tissues to the liver.
 - 4- α amylase of saliva break down the peptide bonds.
 - 5- The glycolysis pathways is converted the glucose to pyruvate.
 - 6- The insulin hormone only is responsible of regulation of blood glucose.
 - 7-Glycogon hormone is synthesized in the α -cells of islets of Langerhans of the pancreas.
 - 8-Hypo glycaemia I/G ratio is lower.
 - 9-Cholesterol is converted to vit D3 by ultraviolet.
 - 10-- Hypo proteinemia is mean increase of plasma protein level.
- 11-Lecithin is phospholipids with choline nitrogen base.
- 12-LDL lipoprotein has lower lipids and higher protein.
- 13-Hyper glycaemia I/G ratio is lower.
- 14-The OH of the fifth carbon of D-glucose is on the left side of molecule.
- 15- The OH of the first carbon of $\alpha\text{-}$ galactose is on up of molecule.
- 16- the structure of aspartic acid has two of amine groups.



17- The structure of lysine has two of carboxylic groups.

18 – The structure of stearic acid has one double bond.

19- The structure of oleic acid has two double bonds.

20- O-mega 3 fatty acid has one double bond on carbon number 3 from carboxylic group.

Q2-: Choose the correct answer?

(15 Marks)•

1-One of these enzymes act on peptide bond:•

A-Lipase, B- Pepsin, C- Amylase.•

2-One of these amino acids is classified as basic amino acid: •

A-Lysine, B- Glycine, C- Valine.•

3-One of these fatty acids is unsaturated: •

A- Oleic acid, B-Palmitic acid, C- Butyric acid.•

4- Lecithin is phospholipid with:•

A - Ethanol amine, B - Choline, C – Serine•

5- HDL Lipoprotein contains:•

A- High Protein, and Low Lipid.•

B- Low Protein, and High Lipid.

C- High Protein, and High Lipid.•

6- Acceptable total serum cholesterol (normal value) for adult man:•

- A 200 mg/dl. or lower.•
- B 200 to 239mg/dl. •
- C 240 mg/dl or higher.•

7 - Insulin hormone is synthesized by: A -The α-cells of Langerhans of • pancreas. **B** - The β-cells of Langerhans of pancreas. \bullet C - The X-cells of Langerhans of pancreas. • 8 – Hyper glycaemia is:• A - I/G Ratio is high. B - I/G Ratio is lower. C – I/G Ratio is equal. • 9-One of these enzymes act on glycedic bond:• A-Lipase, B- Pepsin, C- Amylase.• 10 -One of these amino acids is classified as acidic amino acid: • A-Lysine, B- Glycine, C- Aspartic acid• 11-One of these fatty acids is saturated: • A- Oleic acid, B-Palmitic acid, C- Linoleic acid. 12- LDL Lipoprotein contains:• A- High Protein, and Low Lipid. B- Low Protein, and High Lipid. C- High Protein, and High Lipid.• 13- normal value of blood glucose for adult man is:• A-70-110 g./dl• B-70-110 mg, /dl • C-110-145 mg. /dl•

14 - Acceptable total blood protein (normal value) for adult man:•

- A- 5.6 mg/dl•
- B 5.6 mg/dl or higher.•
- C 5.6 g/dl •
- 15– Glucagon hormone is synthesized by:

pancreas.

- B The β -cells of Langerhans of pancreas. \bullet
- C The X-cells of Langerhans of pancreas. •

A -The $\alpha\text{-cells}$ of Langerhans of \bullet

Fill in blanks for the following :(15 MARKS)(answer 15 only)

1- There are different ways of classifying the amino acids; the most common are

2- There are amino acids which have one charge positive NH₃⁺ and one charge negative COO-nd one charge negative COOHhich have one charge positive NH3⁻

3- Aspartic acid and glutamic acid they have Negative charge COO⁻ and positive charge NH₃⁺.

4- There are 3 basic amino acids , they have positive charge NH_3^+ and negative charge COO^- .

5- Asparagine is amino acid with polar but side chains.

6- - Peptides are compounds in which an amide bond links the of one α -amino acid and the of another.

7- Two α -amino acids,are joined by a peptide bond in alanylglycine.

8- All of the polymer(Amino acids) information applies

9- Hemoglobin is composed of, each containing a heme group .

10- Denaturation is Any physical or chemicaagent that destroys the conformation of a protein like
 11- There are a group of amino acids, that cannot be synthesized by the body they include.....

12-Deamination is Removal of from the amino acids to form – keto acid and ammonia (NH₃).

13-Half (semi-essential amino acids): These amino acids are formed in the body in amount enough for adults, but not for growing children. They include:

14-In the stomach the act of with PH 1.5-2.0 of gastric juice break down the proteins to peptone .

15 – The role of gastric juice HCl is Converts proteins, which are easily digested.

,.....

17- The amino acids are absorbed in to the blood and transported to for Build new tissues in children

18- The amino acids are trasport,,, in the blood.

19- Anabolism is synthesis of, number protein,, and hormones.

20- Decaboxyation is removal of from the amino acids to form – keto acid and ammonia (NH₃).

21- Tyrosine is converted to (increase blood pressure)

22- Hyperproteinemia islevel of plasma protein (both Albumin and Globulin.)

23- Lipids are Biomolecules that Extracted from cells using

24- The melting point of stearic acid is

25- DHA is Abbreviation for

26- Prostaglandins have An OH group on carbon,

Match the words in the first and second columns (5MARKS)

<u></u>
1- Convert AA to keto acid+NH3
2- Bone marrow
3- 8gm
4Trypsin
5- Half essential AA
6- Essential AA
7- Break S-S bond
8- Addition of 6M Urea
9- Four subunits
10- Alanine+ Glycine
11- Arginine
12- Glutamic acid
13-GLy
14-Triglycerides
15- More than 10 AA

: Matching the words of group A with group B: (ANSWER 10 ONLY)

A	В
1- Oxidoreductase	1-Isomerases
2-Hydrolase	2-Lyases
3-Lyases	3-Small intestine
4-Ligase	4- In mouth , Small intestine
5-Co-factors	5-Have lower molecular weight
6-Co- enzymes	6-inorganic compound
7-Lipase	7-Synthetase
8- Hydratase	8-Pyruvate decarbxylase
9-TPI	9-Lipase
10- Amylase	10-Lactate dehydrogenase

: fill in blanks for the following) (answer 15 only)

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9- Hemoglobin is Composed of, each containing a heme group .

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11- There are a group of amino acids, that cannot be synthesized by the body they include.....

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Answer TRU or FALSE to the following:)
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1-Lipids or fats store 80% of energy in human body ().
2-Amino acids not usually need but for making new proteins ().
3-Carbohydrates are the molecules most commonly broken down to make ADP ().
```

4-Food molecules stores chemical energy in their bonds ().

```
5-Energy is measured either in joles or calories ( ).
```

```
6-1 gm of protein = 4 k cal (
```

```
7- 1 gm of carbohydrate = 4 k cal ( ).
```

```
8-ADP is changed into ATP when a phosphate group added ( ).
```

```
9-ADP is a lower energy molecule can be converted into ATP ( )
```

```
10-The protein store about the same amount of energy as a carbohydrate (
```



Videos





What is a Lipid Profile Test_ _ 1mg.mp4





KREBS CYCLE MADE SIMPLE - TCA Cycle Carbohydrate Metabolism Made Easy.mp4





Human digestive system - How it works! (Animation).mp4



Thanks for following